





WHY BLUE?

This is what our Parachrom hairspring looks like. It is an essential guardian of the watch's chronometric precision. Unveiled in 2005, entirely designed and manufactured in house, it nears the apex of what metal alloy hairsprings can offer. The scale of the image might throw you off, though. Its edge is thinner than a single strand of hair and its weight is merely a fraction of a pearl's. Moreover, once coiled, its diameter does not exceed a few millimeters. It is shielded from outside aggressions by a case so hermetic it was aptly named "Oyster." Needless to say, it is a rare occurrence for any eyes to be laid on the Parachrom. So why

would we be concerned by its color? Because this hue of blue is true to our tradition of watchmaking excellence. It is the exact color taken by our unique alloy of niobium, zirconium and oxygen when it has been anodized to stop the process of oxidation. This blue is essential to us, because it symbolizes the long-lasting performances which we hold ourselves to. This hairspring is insensitive to magnetic fields, unwavering in the face of temperature variations, and resistant to shocks as to corrosion. Therefore, each Rolex equipped with a Parachrom hairspring will tick at a most regular and perpetual beat.

#Perpetual

FOURTANÉ

ROLEX BOUTIQUE

Fashion Valley 619-684-6014

www.RolexBoutique-SanDiego.com



PHOTO BY KRISTEN VINCENT

letter from the president & group publisher

Power Moves

elcome to the Power Issue of Modern Luxury San Diego! As we delve into the heart of summer, we find ourselves amid a celebration of excellence and influence in the design industry. This year, our annual Power Issue aligns perfectly with the spirit of San Diego and Tijuana being honored as the World Design Capital (wdc2024.org). It's a testament to the creative brilliance that thrives within our vibrant community, shaping the aesthetics and functionality of our surroundings.

In this issue, we proudly present our Power List, showcasing the best of the best in the design industry. These visionaries, innovators and trailblazers have transformed spaces and enriched lives through their unparalleled dedication to their craft. From architectural marvels to interior design



masterpieces, each project they tackle exemplifies the power of design to inspire, evoke emotions and redefine boundaries.

We are also thrilled to introduce our annual Power Players campaign, highlighting some of my favorite individuals who are making waves in various fields. These locals embody the essence of influence, leveraging their talents and passions to make a lasting impact on our community and beyond. Their stories serve as a testament to the power of perseverance, creativity and determination.

As we immerse ourselves in this celebration of power and influence, let us also take a moment to appreciate the interconnectedness of San Diego and Tijuana. Together, they

form a dynamic duo, enriching each other's cultural tapestry and pushing the boundaries of design innovation. Let us embrace this synergy and continue to foster collaboration and creativity in our shared journey toward a brighter future.

Enjoy this issue as we celebrate the power of design and the remarkable individuals shaping our San Diego community.

Ken St. Pierre President & Group Publisher kstpierre@modernluxury.com Instagram: @modernluxurysd; @kenstpierre



letter from the editor



The Heat Is On

une 20 marks the first official day of summer, and I couldn't be happier to embrace SoCal's sunniest season. If you need ideas on how to spend your days, flip to our June Agenda in our Insider section for a guide to this month's hottest events. I'm personally excited for return of the San Diego County Fair (sdfair.com), running from June 12 through July 7 at the Del Mar Fairgrounds. This year's theme is Let's Go Retro and the carnival's games, rides and myriad activities promise a nod to nostalgia. Round up your little ones or the big kids in your life and indulge in fun for the whole family.

From there, meet the standout interior designers, architects and developers highlighted in our annual Power List. Congratulations to the go-getters who caught our eye—your power moves inspire us all.

Finally, flip to our Explore

section for an insider's look at all the new developments at Omni La Costa Resort & Spa in Carlsbad (omnilacosta.com). The property recently completed an extensive renovation, which includes updates to its guest rooms, villas, championship golf courses, spa and more. Staycation, anyone?

Cheers to the start of summer, and enjoy the issue, whether lounging by the pool or basking on the beach. No June gloom here, only sunny skies ahead.

Allison

Allison Mitchell
Editor-in-Chief
amitchell@modernluxury.com
Instagram: @modernluxurysd;
@allison.mitchell14





From top: Trailblazing interior designers Anita Dawson and Susan Spath are featured in The Power List.



Sign up for our editorial newsletters by scanning the code here.





SILVERTON

Casino • Lodge • Las Vegas

BOOK TODAY!



table of contents



2 LETTER FROM THE PRESIDENT & GROUP PUBLISHER

4 LETTER FROM THE EDITOR

Insider

21 SPOTLIGHT

The San Diego County Fair is traveling back in time for a summer of nostalgic fun.

22

AGENDA

Mark your calendars for showstopping concerts and glamorous galas in San Diego.

26

THE GUIDE

Rancho Santa Fe's rich history, exquisite dining and myriad

golf courses make for a perfect summer getaway.

28 ON THE SCENE

These local happenings were all the rage around San Diego recently.

34 DINING

Come hungry—these are San Diego's latest restaurant openings.

Trending

39 SPOTLIGHT

Graff lifts off with a stunning new collection and campaign.

40 FASHION HERITAGE

Chanel took to the streets for its Métiers d'art collection.

42

TIMEPIECE

The new La D de Dior Archi Dior shines as haute horology's most brilliant star.

43 THE EDIT

Bring on summer's blue hues with these vibrant shades; ride in style this summer with these effortlessly chic, lightweight driving loafers.

45 DRIVE

Acura revives its ZDX nameplate with a decidedly of-the-moment new offering: the brand's first all-electric SUV.



46 YACHTS

Whether you're looking for an eco-friendly catamaran or a yacht that comes with its own dance floor, set sail this season with one of our top five buzziest watercraft.

47 SPIRITS

Three generations of the Russell family collaborate to unveil Wild Turkey's generations.



TOS COLIPTESY OF BRANDS



table of contents



49 BEAUTY

Slather on these latest launches for suncare that delivers UV protection and so much more.

50

Embrace the essence of Mediterranean summers with this season's most enchanting fragrances.

51 WINE

Achieve mythic status in the warm days and nights ahead with these perfect California bottles.





Home

111

SPOTLIGHT

RH reveals its most expansive outdoor collection yet.

114 ARBITER

San Diego power couple and designers Jules Wilson and Paul Basile share a few of the products that are inspiring them now.

Explore

117 SPOTLIGHT

Jet-set to Umbria, Italy, to revel in the relaxation of the beautiful Tenuta di Murlo.

120 ADVENTURE

Southern Utah is filled with stunning red rock canyons, arches and hoodoos—but it also has a decadent side.

122 ESCAPE

On a lush, wooded estate in the West of Ireland, historic Dromoland



Castle beckons A-list travelers for the ultimate Celtic getaway.

124 STAYCATION

Following a multiyear renovation, Omni La Costa Resort & Spa in Carlsbad begins a stunning new chapter in its illustrious history.

128 LAST LOOK

In one of her first solo museum exhibits, artist Cara Romero paints the town at The Museum of Photographic Arts at The San Diego Museum of Art.



features



52

THE POWER LIST

From interior designers to powerhouse developers, Southern California has always been an epicenter for creative trailblazers. Here, the luminaries who call San Diego home.

62

THE FAST TRACK

Armed with spectacular speed and even quicker wit, there is no stopping Olympic sprinter Gabby Thomas as she races for gold in Paris.



ON THE COVER

Dior jacket, vest and shorts, dior.com; OMEGA Constellation 25 mm, omegawatches.com.

Makeup: Dior Prestige Le Nectar Premier, Dior Forever Skin Glow foundation, Dior Forever Glow Star Filter, Diorshow Lash Maximizer 4D, Diorshow mascara and Dior Lip Glow Oil. Manicure: Dior Vernis.

Photo by Lara Jade

The resirk of an ICON.



Celebrating 60 iconic years with a multi-million dollar renovation.

Embodying the essence of the timeless La Costa Lifestyle - invigorating, inspiring, indulgent yet approachable - the resort is excited to debut a highly-anticipated redesign of its championship golf facilities, 500+ guest rooms and villas and award-winning spa.



OMNI LA COSTA

ALLISON MITCHELL Editor-in-Chief EDITORIAL Managing Editor HANNAH GEORGE Editorial Operations Director ELA SATHERN National Travel Editor J.P. ANDERSON

From top: Tiffany & Co. pendant in platinum and 18K yellow gold with a diamond of over 3 carats and diamond accents (transformable design—pendant to brooch); earrings in platinum and 18K yellow gold with diamonds of over 6 total carats and diamond accents, tiffany.com.



Editorial Operations Director ELA SATHERN National Travel Editor J.P. ANDERSON National Wine & Spirits Editor MICHAEL MCCARTHY Vice President of Social Content STEPHANIE APESSOS National Senior Copy Editor ANNA DUNN Contributing Editor HELEN OLSSON Digital Assistant Editor KAT BEIN Digital Editors HALEY BOSSELMAN, SARAH FINKEL, FIONA GOOD-SIROTA, CHANDLER PRESSON

FASHION

VP Creative/Fashion Director JAMES AGUIAR
Fashion Director of Custom Publishing &
Branded Content FAYE POWER VANDE VREDE

CREATIVE

Design Director NATASHA BROOMHALL
Deputy Design Director MELISSA MILLER
Designer CATHERINE BIXLER
Senior Photo Retoucher LESLIE BAYLY
Photo Editor LISA BADER
Contributing Photographer LARA JADE



From top: Tiffany & Co. earrings in platinum and 18K yellow gold with blue zircons of over 9 total carats, aquamarines of over 18 total carats, mother-of-pearl and diamonds; ring in platinum and 18K yellow gold with blue zircons of over 9 total carats, aquamarines of over 16 total carats, mother-of-pearl and diamonds, filfany.com.

MIKE PALLAD

President

PHEBE WAHL Executive Vice President of Editorial WAYNE STRAYHORN Chief Financial Officer ALAN KLEIN
President, Group Publisher
Custom Content

JIM THOMPSON Chief Digital Officer CANDACE CAVAN Senior Vice President, National Sales

MODERN LUXURY

LEW DICKEY

Chairman

JOHN DICKEY Vice Chairman JOHN AMATO Chairman of Executive Committee MICHAEL DICKEY Chief Executive Officer





THE BALLAD OF LONG THE BALLAD OF

Love is a burning thing.

A world-premiere musical about one of the most iconic love stories in music history, complete with a soundtrack of beloved hits - I Walk the Line, Ring of Fire and many more.

Created with the support of the family, told through the eyes of their son John Carter Cash, and directed by Tony Award winner Des McAnuff (Jersey Boys), this new musical covers it all.

BOOK BY ROBERT CARY AND DES MCANUFF MUSIC AND LYRICS BY JOHNNY CASH, JUNE CARTER CASH AND OTHERS DIRECTED BY DES MCANUFF



MEET THE CASH FAMILY IN THE BALLAD OF JOHNNY AND JUNE







L-R: Christopher Ryan Grant (*Million Dollar Quartet*) as Johnny Cash, Patti Murin (*Frozen*) as June Carter Cash and Van Hughes (*American Idiot*) as John Carter Cash.

BEGINS MAY 28

SELLING FAST

TIX FROM \$25

LAJOLLAPLAYHOUSE.ORG

Production Sponsor:





Modern Luxu

KEN ST. PIERRE President & Group Publisher

> KELLY COLE Associate Publisher

ADVERTISING SALES & STRATEGY

Vice President, Strategy EMILY KNOTT Director, Strategy MERCEDES LEGUIZAMON Coordinator, Strategy GINA VOLTURNO Account Executives JACK FRICKER, AUSTIN HARBOUR, BRUCE KUKUK

MARKETING

Senior Vice President, Integrated Marketing & Content, Lux Studio CINDY HATCHER Senior Director, Lux Studio JESSICA DAILEY Senior Branded Content Editor, Lux Studio KACIE WHITMAN Marketing Coordinator, Lux Studio LAUREN STONE

Branded Content Editors, Lux Studio SABINA CRISITELLO, LINDSAY GARBACIK

Senior Director, Corporate Marketing LESLIE RIMBOECK Senior Director, Hamptons & Manhattan Marketing & Events JULIA MAIMONE-MEDWICK

> Senior Director, Western Marketing & Events HEATHER GOLDBERG

Director, Boston Marketing & Sales FRANCESCA PURCELL Director, Houston Marketing & Sales MALEEHA FAROOQ Director, Philadelphia Marketing & Events NICHOLE MAURER Manager, Chicago Marketing & Events GIA TUMMILLO Manager, Dallas Marketing & Events ANNIE WOOD Manager, Western Marketing & Events INNA DELANEY Coordinator, DC Marketing & Events MADALYN FALCIONE Coordinator, Houston Marketing & Events BAILEY SHERMAN Coordinator, South Florida Marketing & Events MIKAYLA MENKES Coordinator, Western Marketing & Events KINSEY NABORS Associate, Boston Marketing & Events STELLA J. TIRONE

DIGITAL MEDIA

Vice President, Ad Operations PHIL GOODSTEIN Digital Reporting & Analytics Manager CHARLI SONE Ad Operations Coordinator MEHA PARIKH Digital Systems Coordinators ISABELLA HUNTER, MELANIE MEDRANO, EMANI POWELL, ZAUNI PRICE

PRODUCTION & CREATIVE SERVICES Vice President of Production AMBER BERDIN

Production Manager JESSICA ZAYIA Director Print Media Planning ERIC HOMINICK Senior Account Coordinators INESA PERIHANA, LAUREN SCHMIDT, EMILY SEYFARTH, SOPHIE VICK Account Coordinators EMORY FRIEDMAN, SHEA GRAFF, KINLEY KEMP, MARISSA KLAKIS, KRISTIN KUCHNO, JACKIE MARRO, EMILY OLSON, MIA RANDELL, TORI RASHID

Social Ad Coordinator SYDNEY TAYLOR Senior Special Sections Coordinator CAROLINE CRANE Special Sections Coordinators REANN GUERRERO, GEORGIA LATTAS, KELA MONTGOMERY Creative Service Manager KATIE LOWERY Senior Designer GENE BOUCHELION Designers SAMANTHA BATES, BRI SHIREMAN, ISAAC TELLEZ, LENA VIERSEN, STEPHEN WIEDL Senior Digital Marketing Designer LAUREN BROWN Digital Marketing Designer NYA CEPHUS Associate Production Manager KARI COMPEAN

PRINTING & PREPRESS

Vice President of Operations SEAN BERTRAM

CIRCULATION & DISTRIBUTION Circulation Manager FAE DUKES COMPTON

TECHNOLOGY

Director of MIS RICHARD WILSON Vice President of IT SCOTT BROOKMAN

FINANCE

AP Manager RENAE BLAIR Regional Finance Directors MICHAEL KOLEN, TIERNEY WILCHER Accounting Manager ALDAN O'NEILL Billing Specialists DESTINY DUNBAR, FRANK WILLIAMS Collection Managers CHRISTOPHER BEST, TIHEARA DANIEL Staff Accountant KIMBERLEY SCOT

HUMAN RESOURCES

Corporate & Benefits Administrator LYNDSEY NEAL

MIKE PALLAD President

PHEBE WAHL Executive Vice President of Editorial

WAYNE STRAYHORN Chief Financial Officer

ALAN KLEIN President, Group Publisher Custom Content

JIM THOMPSON Chief Digital Officer CANDACE CAVAN Senior Vice President. National Sales

MODERN LUXURY

LEW DICKEY Chairman

JOHN DICKEY Vice Chairman

JOHN AMATO Chairman of Executive Committee MICHAEL DICKEY Chief Executive Officer

MODERN LUXURY REGIONAL SALES OFFICES

From far left: Chopard butterfly earrings in Fairmined-certified ethical 18K white gold

set with two pear-shaped aguamarines (27.57 carats) and a gradient of blue, pastel and pink sapphires (4.71 carats), topazes (0.69 carats), aquamarines (0.57 carats), emeralds (0.73

carats) and brilliantcut diamonds (0.83

certified ethical 18K

white and yellow gold set with brilliant-cut tsavorites (3.9 carats) and

diamonds (2.24 carats),

chopard.com.

carats); brooch with lily of the valley motif in titanium and Fairmined-

AUSTIN 512.333.359

Contact: Courtney Williams

ASPEN

970.710.7178 Contact: Alan Klein

ATLANTA

404.443.1180 Contact: D'anne Cagle-Heckert

BOSTON

617-266-3390 Contact: Janelle Driscoll

CHICAGO

312.274.2500 Contact: Tom Conradi

DALLAS 214.543.0965

Contact: Blake Stephenson

THE HAMPTONS 631.283.7125

Contact: Lynn A. Scotti

HAWAI'I 808.384.7659 Contact: Alicia Michioka

HOUSTON 713,622,1116 Contact: Sarah Leftwich

LAS VEGAS

702.510.5591 Contact: Courtney Fuhrmann

LOS ANGELES

480.522.2200 Contact: Lauren Sturman

MIAMI 305.531.9970

Contact: Christie Rhodes

NEW YORK

212.582.4440 Contact: Lynn A. Scotti

ORANGE COUNTY

714.371.2382 Contact: Diana McBride

PALM BEACH

561.440.6868 Contact: Elizabeth Humphreys

PHILADELPHIA

215.468.6670 Contact: John M. Colabelli

SAN DIEGO

858.366.9721 Contact: Ken St. Pierre

SAN FRANCISCO

415,307,4786 Contact: Autumn O'Keefe

SCOTTSDALE

480.522.2204 Contact: Heather Hernandez

SILICON VALLEY

310.903.2670 Contact: Sharyn Bires

WASHINGTON, DC

Contact: Jessica Powers

For a list of upcoming events that you don't want to miss, please visit: mlsandiegomag.com 2024©DM LUXURY, LLC, ALL RIGHTS RESERVED MODERN LUXURY® IS A REGISTERED TRADEMARK OF DM LUXURY, LLC

LEAVE YOUR WORLD BEHIND



AT THE EDGE OF THE LESSER ANTILLES, NESTLED BETWEEN TWO SEAS, LIES SAINT VINCENT AND THE GRENADINES: A LUSH TUCKED-AWAY ISLAND, RIPE FOR DISCOVERY. IN THE RESPLENDENT RAINFORESTS, A NATURAL SYMPHONY OF TROPICAL BIRDS, CASCADING WATERFALLS, AND THE RUSTLING OF NATIVE GREENERY PROVIDE THE PERFECT SOUNDTRACK FOR EXCITING EXPERIENCES TOGETHER.



Sandals. SAINT VINCENT

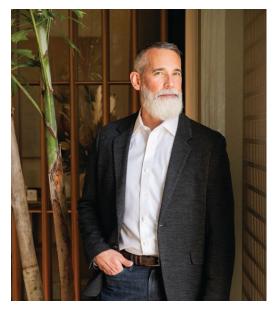
AND THE GRENADINES

SANDALS.COM | 1.800.SANDALS
OR CONTACT YOUR TRAVEL ADVISOR

*Visit www.sandals.com/disclaimers/8429 or call 1-800-SANDALS for important terms and conditions. Sandals® is a registered trademark.

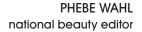
Unique Vacations, Inc. is an affiliate of Unique Travel Corp., the worldwide representative of Sandals Resorts. 8429/0324

contributors



J.P. ANDERSON national travel editor

"Want to amp up your summer (not to mention your social cachet)? Get your hands on one of our picks for the season's buzziest yachts, which will have you cruising the seas in style for years to come."



"Ask any derm (or beauty editor) for their top tips, and there is a universal refrain: sunscreen... every darn day... period. This issue, we buzz the latest suncare launches essential to maintaining youthful, healthy skin. Loaded with beauty-boosting skincare benefits, these multifunctional products not only shield your skin from harmful UV rays but also hydrate and nourish, helping to prevent the appearance of fine lines and wrinkles. And as the sunlight warms our skin, it is also time to turn our noses toward the scents of the season. Flip to our feature on Mediterranean-inspired fragrances sure to take you on an olfactory journey."



FAYE POWER VANDE VREDE fashion director of custom publishing and branded content

"What inspired me most this issue was the incredible talent and grace of American sprinter and rising track and field star Gabby Thomas. Her undeniable strength and beauty mixed with inspiring achievements on and off the track truly make her someone to watch this year."





JAMES AGUIAR vice president of fashion and creative director

"Leave it to Chanel to bring the fashion flock to Manchester, England, for the house's Métiers d'art collection, shown on the streets in an area known for its history of workmanship, craft, music and nightlife. It was the perfect setting for a spirited and youthful runway."



MICHAEL MCCARTHY national wine and spirits editor

"Summer is about remarkable moments with friends. Be a hero: Choose the perfect wine to fit the occasion. I love our all-California lineup of picks."



CALL NOW AND REDUCE YOUR TAXES UP TO 50% OR MORE

Most high income earners still have opportunities to reduce their tax bills significantly, but many have not done so. The Winfield Group has been leading our clients to discover dramatic tax savings for over 35 years. Our financial team implements advanced strategies that may open possibilities often missed by single source experts including:

• Tax Reduction Strategies • Asset Protection • Wealth Transfer • Asset Management

If you are paying more than \$150,000 in taxes annually, we are confident we can save you money!

SAMPLE TAX SAVINGS

	TAXABLE INCOME	TAXES UNDER EXISTING PLAN	TAXES WITH WINFIELD GROUP	TAXES SAVED	TAX REDUCTION
CLIENT 1	\$2,500,000	\$1,000,000	\$550,518	\$449,482	44.90%
CLIENT 2	\$1,400,000	\$560,000	\$303,292	\$256,708	45.80%
CLIENT 3	\$330,000	\$132,000	\$31,076	\$100,924	76.30%

Samples provided for self employed. Other plans available for non-self employed.

We invite you to contact us to arrange a complimentary initial consultation.



Call 619.255.2333
800.543.9103
or visit us online
winfieldgrouponline.com

Newport Beach, California

Scottsdale, Arizona

San Diego, California



THE INN AT THE OASIS AT DEATH VALLEY, CA



XANADU GARDENS AT THE OASIS AT DEATH VALLEY, CA

A Unique Summer Getaway BY VERONICA STODDART MODERN LUXURY SPOTLIGHT at an Oasis Resort

Oases are magical places that have captivated the imagination for centuries. Beckoning with their unexpected bursts of green amid an endless expanse of tawny sand, these extraordinary desert gardens offer a vital life-sustaining source of water in a hostile environment. Fought over for centuries, these rare accidents of nature are prized sanctuaries in the scorching desert.

What exactly is an oasis? It's an area in an otherwise arid region made fertile by a source of freshwater that supports plant and animal life. The water comes from a natural spring or other underground source, making true oases rare throughout the world.

For travelers seeking these miracles of the desert, a small handful of high-end resorts offer stylish accommodations at some of the world's most beautiful oases. One of them is right here in America and recently benefited from a \$200 million upgrade.

Oasis Resort in America's Great Desert

Ancient waters bubble up from the ground to support an entire ecosystem at the Oasis at Death Valley, a secluded resort tucked into one of the world's most dramatic desert settings, the 3.4-million-acre Death Valley

National Park (the largest park in the Lower 48). This wondrous summer vacation destination in America's great desert is just two hours from Las Vegas and a little more than four hours from Los Angeles.

It offers spring-fed pools averaging a comfortable 87 degrees, the lowest USGA golf course on earth, cascading bougainvillea-adorned Xanadu Gardens, and spring-watered groves of stately date palms.

Dating to 1927, the historic property encompasses two lodainas: the luxurious AAA Four-Diamond The Inn at Death Valley and the family-friendly The Ranch at Death Valley. The historically accurate restoration preserved the original design, materials and colors of the buildings, while updating the infrastructure to modern standards. Accommodations at the 66-room Inn marry classic decor with modern amenities. Guests can also stay in one of 22 new Inn casitas or 80 new Ranch cottages. In the evening, dine on classic fare while gazing at the desert salt pans and majestic Panamint Mountains. Watch a glorious sunset from one of the stone patios or admire the Milky Way from the Stargazers Deck in this internationally recognized Gold Tier Dark Sky Park.



SPRING-FED POOL AT THE INN AT THE OASIS AT DEATH VALLEY, CA

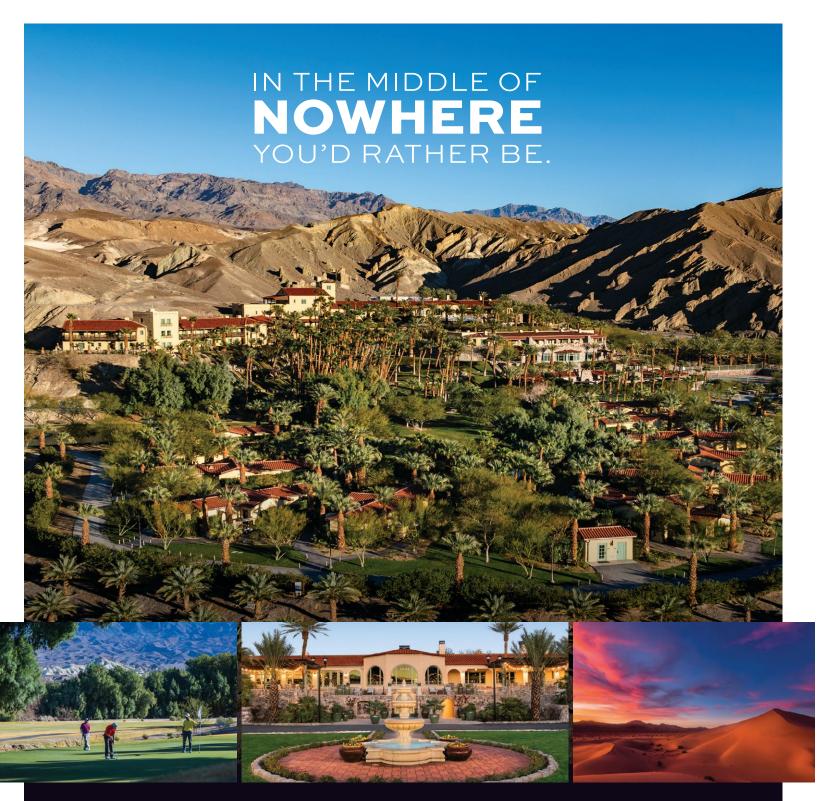
And don't miss the Last Kind Words Saloon, a cowbov paraphernaliafestooned throwback to the Old West.

No wonder basketball Hall of Famer and broadcaster Bill Walton has been a regular guest at the Inn for more than two decades. "It's everything I love. I love nature, I love the changing light, I love the desert air here," he says. "The spring that feeds this resort is just phenomenal. The quality of the water is phenomenal."

"They took paradise and they made it better," he adds. "Every time I come here, it's such a healing place, it's such an inspiring place...a place of enlightenment and

imagination and creativity. You're iust awestruck by the magnificence and the grandeur of nature in Death Valley."

The former travel editor of "USA TODAY," Veronica Stoddart is a multi-award-winning travel writer, whose work has appeared in dozens of publications and websites. She considers travel a force for good in the world.



Experience North America's true desert oasis. Discover two unique hotels nestled in a lush desert oasis: the historic four-diamond Inn at Death Valley and the adventure-focused Ranch at Death Valley, surrounded by the largest national park in the lower 48, with 3.4 million acres to explore. Learn more at OasisAtDeathValley.com





Extraordinary Garment Care

Margaret's is your best source for couture bridal care. We are experts in cleaning, alterations, pressing, and museum-quality gown preservation. We offer complimentary on-site pick-up and delivery within our route service areas and climate-controlled storage. Please send us your used or dirty gown and your veil, shoes, handbag, or accessories to get award-winning cleaning in our customdesigned facility. We also cater to the vintage-gown-wearing bride to restore or revamp the style. All work is done in-house by our highly qualified team.





1-858-429-7261 5150 Convoy St. San Diego, CA 92111 margarets.com







BY HANNAH GEORGE

...CONTINUED

Through 6/23

Pulitzer-winning comedy Fat Ham cleverly explores the story of a young man named Juicy through themes of familial conflict, personal growth and identity, created by James Ijames. Donald and Darlene Shiley Stage at The Old Globe, Balboa Park, theoldglobe.org

6/1 United in Wellness gala

Come together for an unforgettable evening of delectable cuisine, exciting entertainment and fundraising for Project Access San Diego, an organization that facilitates pro bono specialty care.

5 p.m., The Prado, Balboa Park, championsforhealth.

networkforgood.com

$6/2\\ \text{SARAH MCLACHLAN}$

On her 30th anniversary tour, Fumbling Towards Ecstasy, Sarah McLachlan will enchant the audience with her sensational tracks, from "Possession" to "Hold On,"



alongside special guest Feist.
7:30 p.m., The Rady Shell at
Jacobs Park, Embarcadero
Marina Park South,
theshell.org

6/4-9 MRS. DOUBTFIRE

This summer, Mrs. Doubtfire is coming to town. This iconic musical will lift spirits with humor, heart-warming moments and a spectacular production. San Diego Civic Theatre, Downtown San Diego, sandiegotheatres.org

6/6JANET JACKSON

Janet Jackson is back and better than ever on her Together Again Tour, traveling across the U.S. while dazzling with her most beloved songs. 8 p.m., North Island Credit Union Amphitheatre, Chula Vista, concerts.livenation.com

6/8 WILDCOAST'S 12TH ANNUAL BAJA BASH

This seaside soiree invites the public to support Wildcoast's ocean and climate initiatives over light bites by sustainable chefs, mezcal and live entertainment. 5:30 p.m.,

Montbleau Estate, Solana
Beach, wildcoast.org

6/9 Ballet in the park

In celebration of its 32nd season, the City Ballet of San Diego will host an afternoon of lively libations, delicious desserts, a silent auction and

live ballet performances.

2 p.m., Mingei International
Museum, Balboa Park,
cityballet.org

6/12-7/7SAN DIEGO COUNTY FAIR

With hats off to times past, the 2024 fair salutes the tunes and trends throughout the decades while staying true to the cherished rides, games, concerts and events that appear year after year.

Del Mar Fairgrounds,

Del Mar, sdfair.com

6/13 DON DIEGO SCHOLARSHIP FOUNDATION GALA

This year's Don Diego Gala will honor the 2024 scholars in rhinestone

AND CONCERT



cowboy style, highlighted by a performance from Old Dominion. 4:30 p.m., Corona Beach House, Del Mar, dondiegoscholarship.org/gala

6/15 RENDEZVOUS IN THE ZOO

In honor of the Denny Sanford Elephant Valley, San Diego Zoo Safari Park invites partygoers to boogie down during a gala featuring stellar entertainment and wildlife encounters. 6:30 p.m., San Diego Zoo, Balboa Park, ritz.sandiegozoo.org

6/16 DARYL HALL AND **ELVIS COSTELLO** & THE IMPOSTERS

Co-headliners and rock icons Daryl Hall and Elvis

Costello are embarking on a 22-city tour, with a stop in San Diego to jam out to their greatest hits. 6 p.m., Cal Coast Credit Union Open Air Theatre, San Diego State University, as.sdsu.edu/calcoast

6/18**NOAH KAHAN**

Noah Kahan is ready to charm the San Diego area with heartfelt folk-pop beats during this special stop on his Stick Season Tour. 8 p.m., North Island Credit Union Amphitheatre, Chula Vista, concerts.livenation.com

6/18-19 TASTE OF LITTLE ITALY

San Diego's popular foodie event makes a triumphant

restaurants on 48 square blocks for a curated culinary journey through burgers, pizza, seafood and more. Little Italy, littleitalysd.com/events

return, featuring over 20

6/20-29 MAINLY MOZART ALL-STAR **ORCHESTRA FESTIVAL**

An impressive collection of orchestral talent returns for six remarkable concerts featuring artists from the New York and Los Angeles Philharmonics, Chicago Symphony and more. Multiple locations, La Jolla, mainlymozart.org/allstar

6/21**AGAVE FEST**

Swing by the third annual Agave Fest for 100% agave-





insider agenda

based spirits, fresh ceviche, street tacos and exciting entertainment. 6 p.m., Estancia La Jolla Resort & Spa, La Jolla, estancialajolla.com/ local-experiences

6/21 THIRD EYE BLIND WITH YELLOWCARD

The '90s are making a comeback with rockstars
Third Eye Blind and
Yellowcard, who are heading out on tour for a semicharmed kind of summer.
6:30 p.m., North Island Credit Union Amphitheatre, Chula
Vista, concerts.livenation.com

6/21 Kona kai san diego Luau party

Celebrate Hawaiian culture during this fourth annual event, which will feature Polynesian-inspired cuisine and live performances by Te Rahiti Nui and Taupou Samoa. 7 p.m., Kona Kai San Diego, Shelter Island, resortkonakai.com

6/28

SAN DIEGO SYMPHONY ORCHESTRA'S SUMMER 2024 OPENING NIGHT

Conductor Gemma New and renowned pianist Olga Kern will headline the opening night of the muchanticipated summer series, featuring Rachmaninoff's emotional Piano Concerto No. 3 and more. 7:30 p.m., The Rady Shell at Jacobs Park, Embarcadero Marina Park South, theshell.org

6/28-30 WORLD BALLET FESTIVAL

This three-night dance extravaganza gathers talent from the nation's best

ballet companies, artfully presenting iconic pieces from Swan Lake, Cinderella and Don Quixote, among others.
San Diego Civic Theatre,
Downtown San Diego,
sandiegotheatres.org

6/30 AN EVENING WITH AUDRA MCDONALD

The award-winning Audra McDonald, lauded for her Broadway roles and versatility, will perform musical favorites in an intimate cabaret-style set alongside the San Diego Symphony Orchestra. 7:30 p.m., The Rady Shell at Jacobs Park, Embarcadero Marina Park South, theshell.org

6/30-9/14 HENRY 6 ONE: FLOWERS AND FRANCE

Renowned Shakespearean director Barry Edelstein turns the thrilling Henry VI into a must-see two-part phenomenon showcasing a civil war between the Yorks and the Lancasters. Lowell Davies Festival Theatre at The Old Globe, Balboa Park, theoldglobe.org





From top: Catch Mrs. Doubtfire at \$an Diego Civic Theatre from June 4 to 9; Wildcoast's 12th Annual Baja Bash at Montbleau Estate on June 8 is an evening of dining and imbibing to support the organization's ocean and climate intiatives.

FROM TOP, PHOTOS BY: JOAN MARCUS; DEBORA CARTWRIGHT

FOUR REASONS TO LINGER LONGER IN

SAINT VINCENT® THE GRENADINES

Sandals® Resorts, the iconic Caribbean brand, expands its portfolio—and what all-inclusive, elevated travel means—with its latest opening. *By Cindy Hatcher*

Travelers may be familiar with Saint Vincent and The Grenadines from sailing or yachting experiences, but now they can extend their stay on this amazingly breathtaking set of southern Caribbean islands via an upscale, all-inclusive option at Sandals' latest opening.

The Sandals family of resorts-known for being a Caribbean family-owned brand-has been redefining what all-inclusive means for more than 40 years. Its distinctly modern interpretation of luxury travel offers expansive dining options with fresh Caribbean fare and spacious accommodations that capture the natural beauty and sanctuary-like feel of the island.

Here are four reasons why we're moving Sandals Saint Vincent and The Grenadines to the top of our travel list this year.

THE LOCATION + VIEW

The magic of this destination is its location, perfectly nestled in a secluded cove, surrounded by dramatic hills, lush rainforests and hidden waterfalls—culminating in beautiful beaches where watersports and relaxation take equal importance. Find endless shades of blue exploring the Tobago Cays or practice your yoga mountaintop as a

light rain trickles on the leaves around you. Sunset lovers: Get a front-row seat along the white-sand beach for Mother Nature's colorful grandeur each evening as the sun fades into the sea.

THE CULTURE + HOSPITALITY

The resort's Caribbean staff-many of them proudly from "Vincy" itself-are warmly hospitable, eager to showcase the natural beauty of the island, and even more so to ensure your stay is relaxing and memorable. Opt for Butler Service to take your experience to the next level, and make sure to save time for evening activities that honor local traditions, such as the Big Drum Celebration.

THE FOOD + DRINK

From fresh and trendy salad-and-grain bowls at lunch to the truly unforgettable communal dining experience of Buccan—here, chefs pay tribute to authentic, local ingredients over an open fire, and dishes are meant to be shared family-style—the menus are intentional and creative and the ingredients provide a culinary escape from the expected.

THE ROOMS + AMENITIES

Regardless of what type of vacation you're looking to have, Sandals has the right room for you. Fitness enthusiast? You can book a room with its own exercise bike and hand weights. Right on the water more your speed? Try a beachfront villa or one of the resort's amazing overwater villas. Traveling with another couple or a group of friends? The resort offers a two-bedroom option with a private pool.

Sandals Saint Vincent and The Grenadines will help you reconsider your notion of leaving your world behind, transporting you to a genuinely awe-inspiring, flavorful new place that will linger in your memories for years to come.

BOOK YOUR STAY AT SANDALS.COM







Top to Bottom: 1) The natural beauty of Saint Vincent, tucked away in Sandals' private cove. 2) Relax poolside or enjoy the white-sand beaches, just steps away. 3) Family-style dining gets the luxe treatment at the resort's Buccan restaurant. 4) Room options include a swim-up suite with a Patio Tranquility Soaking Tub. Photos by Heidi Harris



Back at the Ranch

RANCHO SANTA FE'S RICH HISTORY, EXQUISITE DINING AND MYRIAD GOLF COURSES MAKE FOR A PERFECT SUMMER GETAWAY.

STAY

RANCHO VALENCIA RESORT & SPA

As Southern California's only Relais & Châteaux property, this Spanish colonial retreat features 49 casita-style rooms, a cabanaclad pool, a Forbes fivestar spa, a Pilates studio, pickleball courts, elite dining at The Pony Room and more right within arm's reach. ranchovalencia.com

THE INN AT RANCHO SANTA FE

Escape to a charming getaway at The Inn, where lavish bungalows, the brandnew Mila Moursi Spa and sophisticated dining are just some of the luxe amenities offered. Be sure to check out guided equestrian rides and morning yoga before oldworld wine and craft cocktails at Bing's Bar. theinnatrsf.com

DINING

067 EATERY

When in the neighborhood, swing by this local favorite for a quick toast, salad or small bite. With rotating nightly specials—from sushi on the rocks to Bill's Choice—each visit is its own unique experience. 067eatery.com

LILIAN'S

Led by chef Moira Hill, this coastal Californian-inspired eatery at The Inn at Rancho Santa Fe focuses on using only the freshest and finest ingredients. Stop by at brunch time for duck hash and coconut pancakes or dinner for seared scallops and caramel brulee beignets. *liliansrsf.com*

MILLE FLEURS

Since 1985, Mille Fleurs' cozy French-style setting



has charmed the community thanks to founder Bertrand Hug. Gather in the fairy-lit courtyard for crispy caper deviled eggs, chicken chasseur and a basket of grano padano truffle fries. *millefleurs.com*

THE PONY ROOM

This all-day equestrian-themed bar and restaurant invites guests to unwind over cuisine infused with Baja and Southern California flavors. Pair Mexican ceviche, miso-crusted bass and a 22-ounce prime bone-in ribeye with any of the 150 tequila varietals for a night well-dined. ranchovalencia.com

THYME IN THE RANCH

Start your day by enjoying a freshly squeezed lemonade and quiche Lorraine at this adorable brunch-time locale. Order ahead for a delightful selection of sweets, from banana cream tarts to coconut cream pie. thymeintheranch.com

GOLF

FAIRBANKS RANCH COUNTRY CLUB

Beyond swimming, group fitness, tennis and pickleball courts, and a full-service restaurant, the 27 holes spread across three distinct layouts attract players who want to unwind, hone their skills and participate in tournaments to improve their game. bayclubs.com/fairbanksranch

LA VALLE COASTAL CLUB

Much more than just a golf course, La Valle Coastal Club delights guests with a 27-hole championship course, 10 lighted tennis courts, a heated pool and fun-filled programming for the whole family. *invitedclubs.com/clubs/la-valle-coastal-club*





Clockwise from top left: Drink and dine at the equestrian-themed Pony Room bar and restaurant located within Rancho Valencia Resort & Spa; a pool day is in order at The Inn at Rancho Santa Fe; Rancho Valencia's Spa House is a relaxing retreat for a summer getaway; sweat in style at Rancho Valencia's beloved outdoor Yoaa Payliion.

RANCHO SANTA FE GOLF CLUB

First opened in 1929, this prestigious golf club designed by Max Behr is one of the most walkable courses in America, with impeccable views to match. If a round of 18 isn't in the cards, opt for a sunset horse ride or casual dinner at the Spanishinspired clubhouse. *rsfgolfclub.com

THE BRIDGES AT RANCHO SANTA FE

A golfer's paradise, The Bridges is renowned for a reason. Designer





Robert Trent Jones II built an 18-hole course on the stunning natural terrain interspersed with rolling hills and lush fairways, perfect for any level of play. thebridgesrsf.com

THE FARMS GOLF CLUB

Constructed on 240 acres, this award-winning championship golf club holds a special place in the San Diego community for members and guests alike. After a round of friendly competition, stop by the pro shop for golf-themed goods, apparel and more. thefarmsgolfclub.com









Setting the Stage

THE PARTY San Diego's historic Balboa Theatre marked a major milestone this spring at its glamorous 100th Anniversary Gala. The lovely pre-show reception of cocktails and live music set the stage for the main event: a dazzling performance of Hershey Felder's Great American Songbook. THE PEOPLE The guest list featured an incredible 1,100 attendees, including honorary gala chairs Julia Ramirez Stone and Kenneth Stone, San Diego Theatres president and CEO Carol Wallace and vice president Abigail Buell Sherlock, Broadway San Diego vice president Vanessa Davis and Jack Meyer, VP of programming for The Nederlander Organization. THE PINNACLE The centennial anniversary gala celebrated the Balboa Theatre's storied history and

The centennial anniversary gala celebrate the Balboa Theatre's storied history and bright future. Funds raised during the event support the Balboa Theatre Grant Fund, which allows local nonprofits to utilize the crown jewel of San Diego's stages without the cost barrier.

BY HANNAH GEORGE

01/ Julia Ramirez Stone and Kenneth Stone 02/ Michael Sherlock, Abigail Buell Sherlock, Emily Behrens, Gail Buell and Bill Buell 03/ Councilmember Stephen Whitburn 04/ Katherine and Brendan Farley 05/ Weiyi Song and David Hsiao 06/ Rob and Catherine Hastings

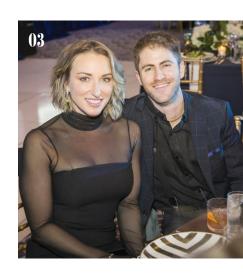




insider on the scene











01/ Christian, Lina Pitesa and Luke Waage 02/ Leslie and Jacob Bercovitz 03/ Erika Young and Yaniv Bercovitz 04/ Lisa and Steve Altman 05/ Eric and Elizabeth Gasser 06/ Christina Schweighardt, Eric Goicoechea, Ryan Vogelei and Aubree Pustek 07/ Joe and Cassie Zimmer with Jen and Nicholas Reale

For the Cure

THE PARTY Hosted at the

elegant Pendry San Diego, the JDRF Southern California Chapter welcomed 160 beautifully dressed guests to its annual One Night Gala. Attendees enjoyed a live auction led by Ken Shirey, cocktails, culinary delicacies and spirited entertainment by the High Tide Society. THE PEOPLE San Diego board president Lina Pitesa Waage and volunteer leadership committee members oversaw the perfectly planned event, where the Sycuan Band of the Kumeyaay Nation was honored. Sponsors Steve and Lisa Altman and Randy and Heather Socol were also spotted at the fete. THE PINNACLE The evening brought in over \$700,000 to support innovative research for life-changing breakthroughs within the type 1 diabetes community. Thanks to both the guests and generous event sponsors, the One Night Gala was another pivotal step toward a cure.

BY HANNAH GEORGE

29 Modern **Luxury**







Creators in fashion, design, the arts, music, wellness, cuisine and culture come togethe to create a world of eclectic and elevated experiences — then share that innovation with the world.

Join us in the birthplace of unconventional freedom, and experience for yourself the unique and the up-and-coming before anyone else.

Discover the Tastemakers of West Hollywood.



JOHN TERZIAN Co-founder, the h.wood group, West Hollywood

PHOTOS COURTESY OF THE LODGE AT TORREY PINES

COUNTRY STORE CRIPTURE CRAFT 05

01/ The culinary event took place on the Arroyo Terrace at The Lodge at Torrey Pines. 02/ The Ecology Center's chef Doug Settle 03/ Ilsa Butler and Kerri Kapich 04/ Camille Brouwer, Heather Gohres and Molly Nelson 05/ Chef Greg Frey Jr. of Golden Door 06/ Chloe Hernandez and Cecilia Leung from The Lodge at Torrey Pines whipped up beautiful desserts for guests.

insider on the scene







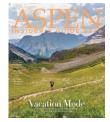


Getting Crafty

THE PARTY In April, The Lodge at Torrey Pines invited the community to its 21st annual Celebrate the Craft, a culinary festival featuring local chefs, vintners, agriculturists and more. THE PEOPLE The alfresco Arroyo Terrace was filled with attendees indulging in light bites, from halibut crudo to chilled lemon souffle. Chef Doug Settle of The Ecology Center, chef Greg Frey Jr. of Golden Door, April Kirby of You & Yours Distillery and the culinary team from The Lodge at Torrey Pines were just a few of the San Diego tastemakers who served up delicacies throughout the event. THE PINNACLE While the day showcased the food and beverage industry's finest fare, the festival also gave back. A portion of ticket sales went toward The Ecology Center, which focuses on regenerative farming and education in Southern California. Cheers to that!

BY HANNAH GEORGE











































MODERN**LUXURY**MEDIA

MODERN**LUXURY**MEDIA.COM













































insider on the scene





Doubling Down

THE PARTY The Arc of San Diego welcomed a glitzy crowd of supporters to The US Grant Hotel for its annual Casino Royale Gala. Proceeds from the glamorous affair provide essential services to more than 2,000 local children and adults with disabilities. THE PEOPLE Gala chair Linda Kurtin mingled with guests during the opening cocktail reception, which featured a silent auction, live entertainment and interactive magicians. From there, partygoers enjoyed an elegant dinner, programming led by KUSI TV meteorologist Mark Mathis and music by Wayne Foster Entertainment. THE PINNACLE "We extend our heartfelt gratitude to the generous donors whose unwavering support made our gala a tremendous success," beamed Jennifer Bates Navarra, vice president of marketing and development. "We would like to thank our sponsors, supporters and volunteers whose dedication ensured an unforgettable evening."

BY ALLISON MITCHELL





01/ Adrianna and Dean Mellos 02/ Jennifer Bates Navarra, Mark Mathis and Linda Kurtin 03/ Shervin Hejazi, Lily Fallah and Keaton Gaibler 04/ Debbie Godfrey and Donovan Fornwalt 05/ Thomas Jacobs and Becca Kufrin 06/ Talented musicians from Wayne Foster Entertainment performed.







31THIRTYONE BY DECKMAN'S

Beloved for Deckman's en el Mogor in Baja's Valle de Guadalupe, Michelinstarred chef Drew Deckman is bringing his culinary talents to North Park with his first restaurant in the United States. Located on University Avenue, 31THIRTYONE by Deckman's will offer farm-fresh fare. with 1% of the restaurant's monthly revenue going toward farmers and their carbon farming initiatives. Expect a three-story space designed by Megan Power of San Diego's Workind Studio. The 4,200-square-foot building will include a 52-seat dining room, a 10seat chef's counter, a secondary 18-seat dining room and the crown jewel: a third-story alfresco patio and bar that will pay homage to Mexico and its festive vibes. the 3131.com

BRICKMANS RESTAURANT AND BAR

After playing a round of golf at The Links in San Marcos, belly up to the fairway's new dining destination, Brickmans Restaurant and Bar at Lakehouse Resort. Enjoy breakfast. lunch, dinner and weekend brunch from executive chef Jarrod Moiles. Morning delights include The Reuben Benny and strawberry ricotta French toast, while the afternoon and evening bring grilled Atlantic salmon piccata and the Truffle It Up Burger stacked with Brandt beef, gruyere, caramelized onions, arugula and truffle Parmesan aioli. "Brickmans is more than just a restaurant; it's a welcoming community hub that feels like the perfect 19th hole, your best friend's living room or your fun uncle's country club," says Moiles. "At Lakehouse Resort, we're committed to creating memorable experiences for our guests, and Brickmans is a testament to that." thelakehouseresort.com

PEPINO

Chef Sebastian Becerra is bringing a delicious new addition to the La Jolla community in 2025 with the debut

of Pepino, an all-day cafe and bakery. Following stints at San Francisco's Michelin-starred COI and Rich Table, plus San Diego's Eleven Madison Park and Herb & Wood, Becerra is paying homage to his Peruvian roots and love of seasonally driven market fare with a menu of tasty sandwiches, salads, fromscratch pastries, coffee and more. Joining him in the kitchen is fellow Herb & Wood alum Marissa Williams, who will serve as sous chef. Get a taste of what's to come by following @pepino_sd and attending one of Becerra's many pop-up dinners. pepinosd.com

Clockwise from top right: Chef Sebastian Becerra and sous chef Marissa Williams are the dream team behind Pepino: the colorful new Postino WineCafé in Little Italy; experience chef Drew Deckman's artful plating at the new 31THIRTYONE by Deckman's in North Park. Opposite page: Sandwiches, salads and cocktails await at the new Brickmans Restaurant and Bar in San Marcos.



POSTINO WINECAFÉ

Postino WineCafé recently made its San Diego debut with two new locations—one in Little Italy and one at Del Mar's One Paseo. The Little Italy locale embraces its former roots as British Motors San Diego's oldest and largest imported car dealership with a wall of 5,500 embroidered mechanic name tags, while the One Paseo space nods to the Del Mar Turf Club and Del Mar Skate Ranch. Share a signature bruschetta board while sipping from a selection of wines curated by advanced sommelier Brent Karlicek, the brand's vice president of beverage. Enjoy happy hour until 5 p.m. daily over charcuterie, panini sandwiches and other shareable favorites. postinowinecafe.com



HEALING: MIND, BODY, SPIRIT

THE RETREAT by Villa Kali Ma, a Healing Sanctuary for Women



WHAT IS TRAUMA?

The word "traumatized" has become common language in today's culture. Maybe to the point that we don't take it seriously and don't understand the influence it can have over every aspect of our lives. It is no longer uncommon for women to be suffering from extreme stress, anxiety, mood swings, emotional pain, eating disorders, low self-esteem, dysfunctional relationships, depression, excessive alcohol or substance use, and even thoughts of suicide. What most people don't realize is, these are all symptoms of unhealed trauma.

All these symptoms are commonly accompanied by diagnosed mental and physical illnesses, followed by prescription medications that attempt to treat the symptoms but never address the underlying cause. According to the National Center for PTSD, "about 80% of people with PTSD have at least one additional mental health diagnosis" and "PTSD and Trauma are linked to physical health problems as well as relationship issues and reduced quality of life".

As of 2022 one in every 4 people in the United States was taking



"Trauma is not what happened to you, it's what happened inside you as a result of what happened to you." ~ Dr. Gabor Maté



psychiatric medications. Dr. Gabor Maté, in his new book titled "The Myth of Normal: Trauma, Illness and Healing in a Toxic Culture", brings to light how trauma and illness are intertwined. He points to the ACE's Study, which has been replicated many times, and shows the direct link between Adverse Childhood Experiences (ACE's) and the development of chronic disease, mental illness and substance use problems.

JOURNEY INTO WHOLENESS

At The Retreat, our belief is that underlying most women's "diagnosed disorders" are the untreated wounds of trauma. Once these wounds are properly addressed, women regain the lost parts of themselves and become whole again. This wholeness allows the body, mind, and spirit to heal. Drawing from ancient wisdom and modern integrative medicine, we curate a transformative experience that summons a profound paradigm shift, opening the door to healing, inner-peace, self-love, and lasting happiness.

EVERYTHING YOU NEED

Under the compassionate guidance of our dedicated team of Medical.

Clinical, Psychiatric, Naturopathic and Holistic practitioners, we support and guide you as you journey inward to heal the wounds of trauma. Every facet of your being is nurtured toward healing by employing the best evidence-based therapies available today.

Our professional team is trained in the latest proven trauma treatment modalities including EMDR, Somatic Experiencing, Trauma-Focused Cognitive Behavioral Therapy, Internal Family Systems, Brainspotting, Expressive Arts Therapy, and Ketamine-Assisted Psychotherapy.

RELAX, RENEW, TRANSFORM

At The Retreat, your journey begins as you arrive amidst the gently rolling hills and lush landscapes of our prestigious gated estate, located in Rancho Santa Fe, California. Here you find respite and renewal as our supportive staff welcomes you into your own private suite where you can begin to relax, release, and let go.

A daily array of mind-body calming experiences await as you begin to deepen the connection to your authentic self. Holistic healing experiences such as Cranio-Sacral "Trauma is a fact of life. It does not, however, have to be a life sentence." ~ Dr. Peter A. Levine



Therapy, Reiki, Acupuncture, Massage, Yoga, Meditation, Breathwork, Sacred Sound Healing, Shamanic Journeying and Nature Therapy, help to bring you into a state of deep relaxation, which allows you to move through the transformation process.

Each day you will have opportunities for outings as well as Ayurvedic

cooking and Lifestyle classes, organic gardening classes, swimming, hiking, tennis, gym, and free time to relax, journal, and integrate. Healthy and delicious meals, fresh pressed juices and groceries will be provided. The Retreat serves delicious organic plant-based meals to help facilitate the healing process.

"Villa Kali Ma's trauma program helped gently guide me out of the darkest period of my life and set me on a path not just to survive, but to thrive." ~Alisha S.

BEGIN YOUR HEALING NOW

The Retreat by Villa Kali Ma is a Licensed, Integrative, and Holistic treatment center for Women located in Rancho Santa Fe, California. For more information, please call 760.935.7676 or visit us on our website at www. villakalima.com/residential-trauma-treatment

BE SAHA SOCIAL CLUB

The Cultural Vanguard: Launching Soon

Membership is bestowed upon those who push boundaries in art, gastronomy, and the relentless pursuit of life's finer indulgences. Admittance is reserved for those who share the same thirst for knowledge and a passion for community. Those who gain entry join a lineage devoted to the reinvention of art, passion, and human experience through transcendent exploration.



Apply today and enjoy events centered around wellness, the arts, music, entertainment, culinary, wine, spirits, community and more.





rom the pop of color in the tweeds to the black Mary Jane shoes to the babydoll nighties, there was no mistaking Chanel (chanel.com) artistic director Virginie Viard had England on her mind for the 2023/24 Métiers d'art collection. This was, however, no mere nostalgia collection. The streets, the music, the nightlife were indeed background players as important as the colorful and completely modern looks shown on the runway. While the gritty Manchester, England, setting may have been a departure from the chic streets of Paris, this was an offering fully rooted in Gabrielle Chanel's very specific art of tailoring. Chanel, a bit of a rebel, would have loved the idea of seeing her woman carefree in a pair of jeans, leather and strapless dresses. Now, what could be more rock 'n' roll than that?







ior (dior.com) has once again leveled up the standard for luxury with its latest creation, the La D de Dior Archi Dior watch. This exquisite timepiece is a symphony of white gold and diamonds, meticulously crafted to dazzle and delight the most discerning tastes. Leave it to Dior to design a watch that isn't just a method to tell time but a masterpiece to wear.

The opulent white gold 38 mm case is framed by a bezel glittering with 50 round-cut diamonds totaling 2 carats. The

case is crowned with white gold, delicately set with 18 round-cut diamonds totaling 0.11 carats, each adding to the watch's luminous appeal. Below the antireflective sapphire crystal glass lies an onyx dial, where white gold lace details are intricately set with 74 round-cut diamonds. This design echoes the grandeur of Dior's iconic haute couture, making the dial an homage to the codes of the magnificent maison. The polished Dauphine hands sweep over the dial, pointing delicately at the applied white gold "DIOR" logo. A sleek black satin strap and

white gold buckle encrusted with 26 diamonds secure the watch with elegance and ample glamour. Inside, a Swiss-made quartz movement keeps precise time, honoring the watch's functional purpose amid its decorative splendor. Despite its elaborate design, the watch promises durability with water resistance up to 30 meters.

Altogether, the remarkable timepiece presents a total of 168 diamonds, summing up to approximately 2.68 carats of the highest clarity (IF-VVS) and superb color (FG), ensuring that every second shines as a flash of brilliance.

DIOR

The La D de Dior Archi Dior boasts a total of

up to approximately 2.68 carats.

168 diamonds, summing

trending the Edit: Women's

Moscot Foygel sun Citron/ tortoise sunglasses, moscot.com

Gucci sunglasses, gucci.com

Blue Zones

BRING ON THE PLAYFUL SUMMER BLUE HUES WITH THESE VIBRANT SHADES.

BY FAYE POWER VANDE VREDE





-FAYE POWER VANDE VREDE, FASHION DIRECTOR OF CUSTOM



trending the edit: MEN'S



Fendi O'Lock beige leather and FF Jacquard loafers, fendi.com



ACURA REVIVES ITS ZDX NAMEPLATE WITH A DECIDEDLY OF-THE-MOMENT NEW OFFERING: THE BRAND'S FIRST ALL-ELECTRIC SUV.

BY J.P. ANDERSON

ar lovers have been buzzing with anticipation waiting for Acura (acura.com) to make its mark on the all-electric SUV market, and now the brand has rewarded them with an impressive debut: the Acura ZDX. Touted as the brand's most powerful vehicle ever, the recently unveiled SUV lives up to its billing with some

seriously impressive numbers, as the ZDX Type S delivers a max of 500 horsepower and 544 pound-foot of maximum torque. Combine that with impressive range (up to 313 miles for the A-Spec trim), an expansive charging network and advanced tech—all wrapped up in signature luxurious Acura style—and you've got an immediate head-turner in the all-electric





From top: The sleek Acura ZDX combines eye-catching looks and primo performance; the comfortable, stylish interior; a range of performance-focused wheels add élan; the Type S delivers a muscular max of 500 horsepower.

SUV space. Sums up Acura ZDX development leader John Hwang, "Between our designers in Torrance, Calif., and engineers in Ohio and Japan, we've created an EV that truly embodies Precision Crafted Performance, with class-leading technology, dynamic styling and an engaging driving experience expected from an Acura."





Clockwise from top: Eddie, Bruce and Jimmy Russell represent three generations of bourbon whiskey-making at Wild Turkey; the Generations release.

Father's Pride

THREE GENERATIONS OF THE RUSSELL FAMILY COLLABORATE TO UNVEIL WILD TURKEY'S GENERATIONS.

BY MICHAEL MCCARTHY

aster distiller Eddie Russell isn't into hyperbole. But I love how he describes the reaction Wild Turkey (wildturkey.com) fans have when meeting his father, Jimmy, in the brand's visitor center in Lawrenceburg, Ky. "It's like they're meeting the Michael Jordan of bourbon!"

Eddie isn't wrong. Celebrating 70 years at Wild Turkey this fall, his father is on the Mount Rushmore of whiskeymaking. He and Eddie are among the only active father-son duos of bourbon master distillers worldwide. Jimmy still shows up at the visitor center a few days a week to chat with the distillery's guests. "My father taught me to treat people the same regardless of their status, and to do things like distilling the right way," says Eddie, whose son, Bruce, is now part of the bourbon-making tradition as an associate blender.

That mindset is the foundation of Generations, a



"The experience of working with my son and grandson to create a blend that celebrates our family and tradition has been a highlight of my career."

-JIMMY RUSSELL

limited-release, high-proof blend of 9-, 12-, 14- and 15-year-old bourbons in a single bottle that celebrates the family's legacy. The blend was bottled at barrel proof and non-chill filtered, allowing brilliant character with each sip. The creation represents the favorite taste profiles of each Russell generation: Eddie's love of softer, honeyed, vanillaladen favors of older 14- and 15-year-old bourbons; Jimmy's affection for bold tastes found in 9-year-old bourbons; and Bruce's adoration of the showy flavors of 12-year-old bourbons.

"I've made some great whiskeys throughout my career, and Generations is going in my hall of fame," says Jimmy. "The experience of working with my son and grandson to create a blend that celebrates our family and tradition has been a highlight of my career."

I ask Eddie, who worked up the whiskey-making ladder, if he ever worried about being in his father's shadow. "That was the first thing everyone said to me early in my career, 'Your dad is a rock star. You've got big shoes to fill.' I told them I didn't want to fill his shoes. I wanted to slip them on and follow my own path." Every once in a while, as with Generations, those paths merge into one to create something fathers everywhere can celebrate.









elcome to your exquisite sanctuary, where every detail reflects meticulous craftsmanship and luxurious living. This stunning home, precisely reconstructed and designed by Poppy Design, stands as a testament to the fusion of contemporary elegance and timeless charm. As you step inside, you are greeted by an ambiance of sophistication and refinement. No expense was spared in the transformation of this residence, with every inch finely curated to perfection. From the moment you enter, you'll notice the seamless blend of modern amenities with classic design elements. Be captivated by the impeccable interior finishes. Oak wood cabinetry graces the kitchen, complemented by sleek marble countertops. The bathrooms are adorned with luxurious limestone floors and Zellige tile walls, adding a touch of sophistication to every space. The exterior boasts a striking Santa Barbara-style façade, adorned with hand-placed Stirling silver stone, exuding an air of grandeur and opulence. Set on an expansive flat lot spanning over 23,000 square feet, the property offers endless possibilities, including ample space for an Additional Dwelling Unit (ADU), and the potential to add a second story to further capitalize on the breathtaking views of the ocean, bay, and city skyline. Embrace the California lifestyle as you wander through the lush grounds, with a sparkling pool and an array of fruit trees including fig, lemon, guava, grapefruit, and orange, creating a private oasis of tranquility and natural beauty. This is more than just a home; it's a lifestyle.

E X U D E

Erika Borunda Ahajanian Founder | Broker 858.699.7627 erika@exudeluxurygroup.com

ka@exudeluxurygroup.com DRE#: 01963227 @brokerborunda



M-61 Perfect mineral body sunscreen broad spectrum SPF 50, bluemercury.com



Screen Savers

AS THE MERCURY RISES AND SUMMER HITS FULL SWING, PROTECTING YOUR SKIN WITH SUNSCREEN IS A MUST. SLATHER ON THESE LATEST LAUNCHES, PACKED WITH ADDITIONAL BEAUTY-BOOSTING BENEFITS, FOR SUNCARE THAT DELIVERS UV PROTECTION AND SO MUCH MORE.

BY PHEBE WAHL



MODERN LUXURY



HYDRAKATE

DRATE + ILLUMINATE

The Outset Hydrasheer 100% mineral sunscreen SPF 30,

OUTSET

THE

HYDRASHEER™ 100% MINERAL SUNSCREEN ÉCRAN SOLAIRE

1.7FL OZ | 50ML

theoutset.com

trending GOOD SCENTS



Scents of Place

EMBRACE THE ESSENCE OF MEDITERRANEAN SUMMERS WITH THIS SEASON'S MOST ENCHANTING FRAGRANCES. FROM THE SUN-DRENCHED SHORES OF THE AMALFI COAST TO THE BREEZY HILLS OF PROVENCE, EACH SCENT IS A SENSORY SYMPHONY OF THE REGION'S NATURAL BEAUTY. WHEREVER YOUR CURRENT DESTINATION, A SPRITZ OF THESE FRAGRANCES PROMISES AN OLFACTORY JOURNEY.

BY PHEBE WAHL

Italian lemon and neroli notes express the embodiment of a perfect day spent soaking up the sun. BVLGARI Allegra Chill & Sole eau de parfum, bulgari.com

CHILL & SOLE



Notes of grapefruit, honeysuckle and gardenia, along with sparkling citrus and the sun-kissed perfume of the tiare flower, capture the luminous warmth of a Mediterranean beach escape. AERIN Mediterranean Honeysuckle Tiare, aerin.com



A composition spotlighting bright, zesty and fresh bergamot captures the spirit of a golden sunset. Trudon Isla eau de parfum, trudon.com

Prickly pear, bergamot, white jasmine and iris pay, homage to the Mediterranean shore. Diptyque Ilio eau de toilette, diptyqueparis.com



PHOTOS COURTESY OF BRANDS

PHOTOS COURTESY OF BRANDS

We Could Be Heroes

GUESTS WHO ATTEND SUMMER PARTIES WITH THE RIGHT WINE TUCKED UNDER THEIR ARMS BECOME INSTANT HEROES. WE KNOW THE ASSIGNMENT. ACHIEVE MYTHIC STATUS IN THE WARM DAYS AND NIGHTS AHEAD WITH THESE PERFECT CALIFORNIA BOTTLES.

BY MICHAEL MCCARTHY











FOR THE BEACH

Bricoleur Isla Rose Brut Rosé bricoleurvineyards.com

For days in the sand and sun with cheese, a baguette and chocolates, Bricoleur's rosé—a blend of pinot noir and chardonnay sourced from the Carneros region—charms the palate with cherry marmalade, vibrant citrus blossom and lingering earthy minerality.

FOR THE LOBSTER BOIL

2021 Inglenook Blancaneaux inglenook.com

The legendary Napa vineyard blends white Rhone grapes (viognier, roussanne and marsanne), leading to honey and white peach aromas with beautiful, crisp minerality perfect for fish, shellfish and chicken dishes.

FOR THE COOKOUT

2021 Blueprint Cabernet Sauvignon lailvineyards.com

With ribeye and black trumpet mushrooms on the grill, this bottle offers a dazzling accompanimentespecially with rich and full flavors like black raspberry, boysenberry, blueberry and red currant.

FOR THE TOAST

Chandon 50th Anniversary Winemakers' Blend chandon.com

Celebrate big moments with bubbly boasting flavors like brioche, honey, poached pear and ginger-all from three estate vineyards and winemakers Pauline Lhote, Dawnine Dyer, Wayne Donaldson and Tom Tiburzi, who mark the brand's 50th anniversary.

FOR THE GARDEN PARTY

2021 Arkenstone Estate Blanc arkenstone.com

Genius Napa winemaker Sam Kaplan uses large concrete eggs and once-used French oak for the vinification, resulting in mineralrich tasting notes of citrus and melon; it's an estate blanc to sip deep into balmy nights.







MARIA BARRY AND CINDY CERENZIE

CO-OWNERS AND PRINCIPAL DESIGNERS, LE DIMORA

ledimora.com

PAUL BASILE

PRINCIPAL AND OWNER, BASILE STUDIO

basilestudio.com

TIFFANI BAUMGART

PRINCIPAL DESIGNER, TIFFANI BAUMGART INTERIORS

tiffanibinteriors.com

KAILEE BLALOCK AND TAYLOR TROIA

CO-FOUNDERS AND PRINCIPAL DESIGNERS, HOUSE OF HIVE DESIGN CO.

houseofhive.co

RICH BOKAL AND JIM SNEED

PARTNERS,
BOKAL & SNEED ARCHITECTS
bokalandsneed.com

CODY CLOUD

SHOWROOM STORE MANAGER, ROVE CONCEPTS

roveconcepts.com

BRIAN BROWN

PRINCIPAL DESIGNER, BRIAN BROWN STUDIO

brianbrownstudio.com

JENNIFER BECKLEY SIDES

PRESIDENT, AMERICAN SOCIETY OF INTERIOR DESIGNERS (ASID) SAN DIEGO

casd.asid.org

EITAN BENDESKY

CEO, QUADRATTO MATERIAL DESIGN CENTER

quadrattousa.com

RACHEL CRAWFORD

FOUNDER AND PRINCIPAL DESIGNER, TIGER VEIL

tigerveil.com

TONY CRISAFI AND LISA KRIEDEMAN

PRINCIPAL ARCHITECTS, ISLAND ARCHITECTS

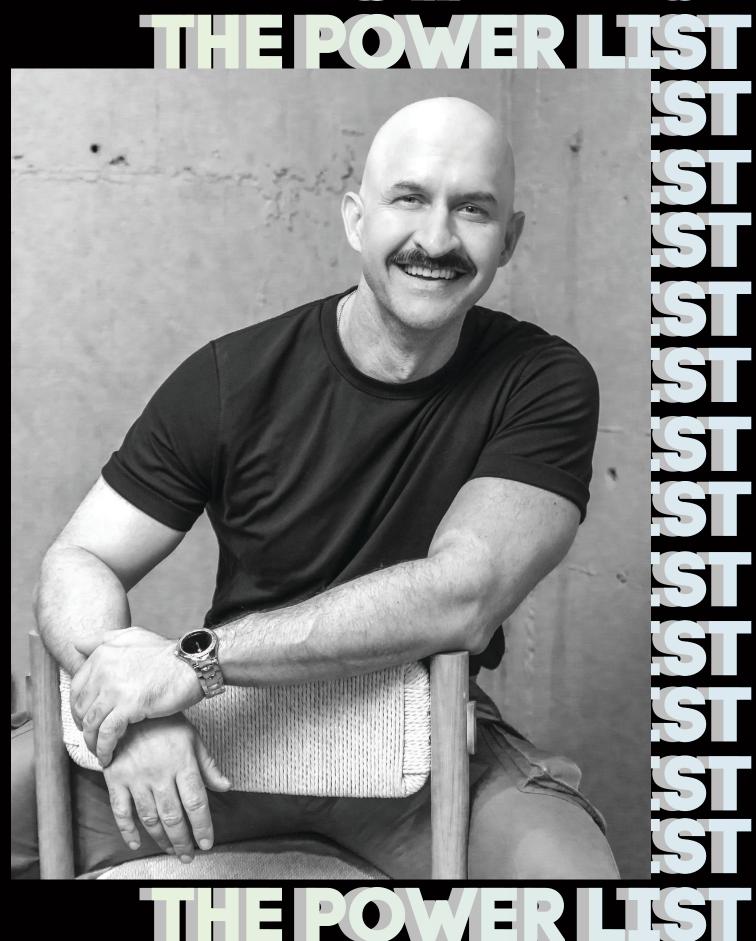
islandarch.com

PATRICIA CUÉ

CREATIVE DIRECTOR, MINGEI INTERNATIONAL MUSEUM; FOUNDING MEMBER, SAN DIEGO DESIGN WEEK

mingei.org; sddesignweek.org

EPOWE



HEPOWER LIST



POWER LIST

PHOTO BY BECCA BATISTA



ANITA DAWSON

PRINCIPAL DESIGNER, DAWSON DESIGN GROUP

dawsondesigngroup.com

ARTURO ELENES

PARTNER AND CO-FOUNDER, ENIGMA CREATIVE; ADVISOR, SAN DIEGO DESIGN WEEK

enigmacreative.com; sddesignweek.org

SEDA EVIS

DESIGN COACH,
DESIGNTHINKERS ACADEMY;
PRINCIPAL STRATEGIST;
BOARD MEMBER, DESIGN
FORWARD ALLIANCE;
DESIGNER IN RESIDENCE,
UC SAN DIEGO DESIGN LAB;
ADJUNCT PROFESSOR,
UC SAN DIEGO

designthinkersacademy.com; designforwardsd.com; ucsd.edu

ERIK GILMER AND SVEN SIMON

MANAGING PARTNERS, DASMOD

dasmod.com

AUDREY GRAHAM KENNEDY

PRINCIPAL AND OWNER, AGK DESIGN STUDIO

aakdesianstudio.com



OWNER AND PRESIDENT, STONE SYSTEMS

stonesystems.us

MICHELLE HARRISON-MCALLISTER

PRINCIPAL DESIGNER,
MICHELLE HARRISON DESIGN
michelleharrisondesian.com

J. DAVID HAWKINS AND STEVEN HAWKINS

PRESIDENT AND PRINCIPAL ARCHITECT; VICE PRESIDENT AND PRINCIPAL ARCHITECT, H2 ARCHITECTS h2asandiego.com



FOUNDER AND DESIGN PRINCIPAL, AMY MEIER

amymeier.com



PRESIDENT AND CEO, JACKSON DESIGN AND REMODELING

jacksondesignandremodeling.com



CO-FOUNDER AND HEAD OF SALES, STEEL TRADITIONS

steeltraditions.com

IFAT LEVINE

EXECUTIVE MANAGER, QUETZAL KITCHENS USA

quetzalkitchensusaca.com







ALYCE LOPEZ

OWNER AND PRINCIPAL DESIGNER, THE TRUE HOUSE

thetruehouse.com

ESTEBAN LOPEZ AND JAMES NIEBLING

CHIEF CREATIVE OFFICER; PRESIDENT AND CEO, ESTEBAN INTERIORS

estebaninteriors.com

JENNIFER LUCE

PRINCIPAL AND FOUNDER, LUCE ET STUDIO

lucestudio.com

TRACY LYNN

OWNER AND PRINCIPAL DESIGNER, TRACY LYNN STUDIO

tracylynnstudio.com

RACHEL MORIARTY

OWNER AND PRINCIPAL DESIGNER, RACHEL MORIARTY INTERIORS

rachelminteriors.com

CEO AND PRINCIPAL DESIGNER, GINGER RABE DESIGNS

gingerrabedesigns.com

ABBIE NABER

OWNER AND PRINCIPAL DESIGNER, A. NABER DESIGN

anaberdesign.com

JILL NORMAN AND CAMERON SHEPHERD

CO-FOUNDERS AND PRINICIPAL DESIGNERS, STUDIO MESA

studiomesadesign.com

SILVINA PETRATE

FOUNDER AND CEO, NATIVA INTERIORS; OWNER, HOLD IT CONTEMPORARY HOME

nativainteriors.com; holdithome.com



HOTO BY KRISTEN VINCENT

HEPOWER LIST



PHOTO BY JENNY SIEGWART



SCOTT ROBINSON

PRESIDENT AND CEO, FRESHFORM

freshform.com

SUSANNA SAMANIEGO-WARD AND ELAINA SAMANIEGO-MYERS

OWNERS AND PRINCIPAL DESIGNERS, DESIGN 4 CORNERS

design4corners.com

JONATHAN SEGAL

ARCHITECT AND
DEVELOPER,
JONATHAN SEGAL, FAIA
jonathansegalarchitect.com

KATALINA SILVA

CO-FOUNDER AND CREATIVE DIRECTOR, ENIGMA CREATIVE; ORGANIZER AND CREATIVE DIRECTOR, TIJUANA DESIGN WEEK; BOARD ADVISOR, SAN DIEGO DESIGN WEEK

enigmacreative.com; tijuanadesignweek.com; sddesignweek.org

HANIN SMITH

OWNER AND PRINCIPAL, HIDE STUDIO

hidestudiointeriors.com

PAMELA SMITH

PRINCIPAL DESIGNER,
PAMELA SMITH INTERIORS
psisd.com

JOEY SNOW

PRINCIPAL DESIGNER, JOEY SNOW DESIGN CO.

joeysnowdesignco.com

SUSAN SPATH

PRESIDENT, KERN &
COMPANY; PRINCIPAL
DESIGNER, SUSAN SPATH
INTERIOR DESIGN

kerncodesigns.com



PRINCIPAL DESIGNER, HANDSOME SALT

handsomesalt.com



JENNIFER VERRUTO

FOUNDER AND CEO, BLYTHE INTERIORS

blytheinteriors.com

JULES WILSON

PRINCIPAL AND SENIOR DESIGN DIRECTOR, JULES WILSON DESIGN STUDIO

juleswilsondesign.com

SUSAN WINTERSTEEN

CEO, PRINCIPAL AND CREATIVE DIRECTOR, SAVVY INTERIORS

savvyinteriors.com



THE

BY PHEBE WAHL
PHOTOGRAPHED BY LARA JADE
STYLED BY
FAYE POWER VANDE VREDE

Armed with spectacular speed and even quicker wit, there is no stopping Olympic sprinter GABN THOMAS as she races for gold in Paris.

TRACK







n undergraduate degree in neurobiology from Harvard, a master's degree in public health and epidemiology from The University of Texas, both a bronze and a silver medal at the 2020 Tokyo Olympics... Extraordinary is the only way to describe the astounding list of achievements that Atlanta-born sprinter Gabby Thomas has earned at the mere age of 27.

As the 2024 Paris Olympics approach, Thomas is not only refining her physical prowess but also sharpening her mental acuity. "We train five days a week," Thomas shares. "I train with my group in Austin, known as the Bailey Bunch." Her regimen includes extensive track drills, sprints and sessions in the weight room. Reflecting on her preparations, she notes a significant relief compared to her last Olympic cycle, which was marred by the unpredictability of COVID-19. "Access to the track was inconsistent," she reflects. "I'm so glad now we can just plan and prepare and focus without the added stress of wondering if a track or park may close."

Part of the secret to her success is not just physical training but also mental preparation. "Mental training is very important to me," Thomas shares. "I meditate and work on techniques to calm my mind, especially before a race. It's important to me to go into a race in a very focused and even state of mind," she reveals. "I don't get too hyped up. I don't listen



Dior coat, Tribales earrings and Diorunway boot, dior.com; OMEGA De Ville Trésor 36 mm, omegawatches.com.

Makeup: Dior Forever Skin Glow foundation, Dior Forever Glow Maximizer and Dior Addict Lip Glow in No. 001 pink.

Opposite page: Dior jacket and bralette, dior.com; OMEGA Seamaster Diver "Paris 2024" 42 mm, omegawatches.com.

Makeup: Dior Forever Skin Glow foundation, Dior Forever Glow Maximizer and Dior Addict Lip Glow in No. 001 pink.



time and attention on. And there is a lot of discipline required for both areas, so the more you strengthen that, the better all around."

"When I was at Harvard, I also began studying the importance of sleep, and that has had a lot of influence on me as an athlete," Thomas says. "Sleep, rest and recovery are as important as what we do on the track. So that means I'm not staying up late, not going out to every event," she explains of her formula for success. "It helps to surround yourself with a circle that supports your goals and lifts you up—even if that means you won't make it out to a party."

The influence of Thomas' mother looms large in her life, shaping her ethos of hard work and the importance of education. "She was a single mom of twins and put herself through grad school, got her PhD and became a professor," Thomas shares. "She's always instilled in me the drive to work hard

to music. Instead, I try to keep myself even and calm."

Thomas' commitment to excellence extends beyond the track and into academia. She recently completed her master's in public health from The University of Texas at Austin. "I do find that my academics helped my training and vice versa. For me, it's always been important to focus on my academic side as much as my athletic side," she says. "I didn't always know that I would be a professional track athlete, but I always knew that education was very important to me." This pursuit of education provides a counterbalance to her athletic career, offering her mental diversion and resilience. "Having another area of focus provided a lot of balance mentally where what happened at practice wasn't 'make or break' to everything in my life," she reflects. "I could leave practice and have a whole different thing to put my

Dior dress, Bee socks and Muse Dior sandal, dior.com; OMEGA Constellation 25 mm, omegawatches.com.





Dior jacket, new corset belt and NY Paris tights, dior.com; OMEGA De Ville Trésor 36 mm, omegawatches.com.

and to prioritize my education. She really made me believe that anything is a possibility for me if I put the work in for it."

Looking ahead, Thomas is already considering her post-athletic career, aspiring to leverage her public health expertise to impact health equity. "After my running career, I hope to continue my career in public health," she says. "An ultimate goal would be to work as a CEO of a hospital and use my platform to help shine a light on health equity." Thomas is also actively advocating for gender equality in sports, working to create a women-only track event with significant financial rewards, highlighting her commitment to improving conditions and promoting recognition for female athletes. "It has been incredible to watch other female athletes get the attention they deserve," she says. "Like everyone else, I was cheering on

Caitlin Clark and Angel Reese and all these amazing women who have been proving investing in women's sports is good business. I want to use my platform to help in this space." Thomas recently announced a partnership with Alexis Ohanian (Reddit co-founder and husband of fellow athlete Serena Williams) to create a women-only track event with the highest-paying purse in history for the sport. "We want to create more opportunities for fans to see these amazing women run and for the athletes to feel well compensated for their efforts," she says.

Thomas is keenly aware of the role of fashion in women's sports in particular—and loves expressing her identity and boosting her confidence on and off the track. "There is a legacy of track women being fashionable," she shares, noting legends like Florence "Flo-Jo" Griffith Joyner and Olympian Allyson

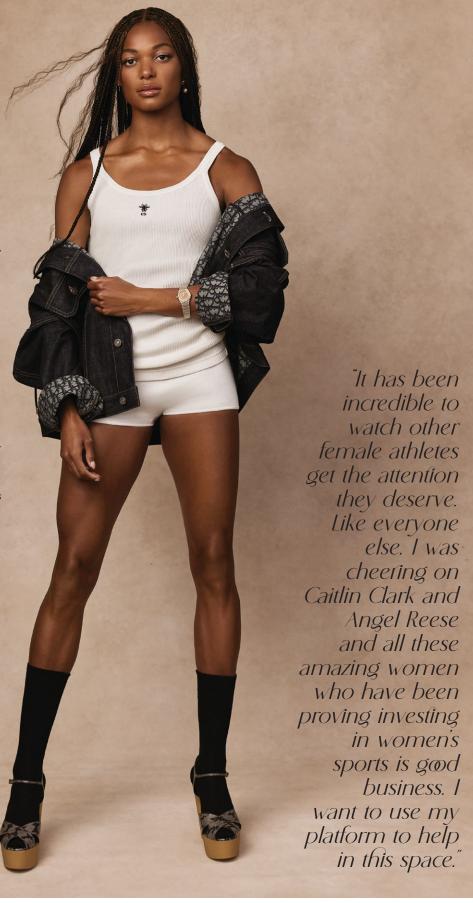


Felix. "It's a little boost to go out onto the track feeling fierce and confident. And then off the track, it's fun to play around with different looks between athleticwear and high fashion."

Her partnership with OMEGA Watches aligns perfectly with her meticulous attention to detail, as timing is crucial in her sport. "My career is determined by thousandths of a second, and OMEGA is dedicated to the art of timekeeping at the highest level. We both obsess over the details," she says, noting the brand has been the timekeeper of the Games since 1932. "One of the few items we can wear outside our uniform on the track is a watch and jewelry. So it's nice to be able to showcase some style on my wrist as I line up at the start."

As Thomas prepares for the Paris Olympics, the sprinter already has her sights on the distance as well. "Right now, I'm hoping I may still be running when the Olympics come around to L.A. in 2028," she says. "It would be incredible to compete in front of a home crowd."

Dior tank top, briefs, jacket, Bee socks and Muse Dior sandal, dior.com; OMEGA Constellation 29 mm, omegawatches.com.





5305 FORECASTLE CT.

Carlsbad, CA 92008

4 bed | 2.5 bath | 2,351 sq.ft. | 7,510 sq.ft. lot | 3-car garage | offered at: \$2,200,000

















carly zamani

luxury re broker | dre# 02030224 m: 949 • 232 • 8211 e: zcarly@zregroup.org www.zregroup.org | @zcarly





BY LINDSAY GARBACIK

SELECT PHOTOGRAPHY BY JOE SCARNICI

SELECT PHOTOS SHOT ON LOCATION AT THE LODGE AT TORREY PINES



ANTONYAN MIRANDA, LLP

Ilona Antonyan and Tim Miranda are passionate legal powerhouses who lead a talented team of legal professionals and have cultivated a reputation for excellence.

What are your specialties in your industry?

BOTH: We specialize in complex family law and appeals, high-net-worth estates, domestic violence restraining orders, property and business valuation and division, prenuptial and postnuptial agreement litigation, contempt of court and enforcement remedies and all other family law matters.

What is your favorite part of your job?

IA: The most fulfilling part of my job is strategizing to resolve the case in the most efficient matter from the position of strength and seeing the results that change people's lives.

TM: The complexities presented in my cases and the competitive nature of the profession. The diversity of issues and personalities presented is challenging,

rewarding and never boring.

BOTH: BOTH: We enjoy working alongside true professionals who dedicate so much to the firm and to their clients.

What differentiates your business strategy in the industry?

BOTH: Since Antonyan Miranda's inception, we

have been disruptors in almost every aspect of the family law industry. Our marketing and tradecraft are different, and our uncompromising desire to achieve the best possible results for our clients is unparalleled. Our "AM FAM" team comprises Certified Family Law Specialists, Certified Appellate Law Specialists, trial lawyers, Super Lawyers®, Avvo Superb-rated attorneys, law professors and family law settlement judges, to name a few. Additionally, we

and adroitly.

few. Additionally, we staff our own internal forensic accountancy department and an estate planning and probate litigation department to ensure that every facet of our cases is addressed comprehensively

What does it mean to be powerful in your area of expertise?

TM: In the practice of law, power is derived from results. Talk is just as cheap here as it is elsewhere.

What are the positive ways you use your power in your community?

IA: We provide no-cost continuing education courses in family law to our staff and the community. We sponsor many legal associations. We also volunteer our time to the court in a judge pro tempore capacity.

TM: As an organization, we support several charitable causes and are proud members and sponsors of many legal organizations that provide charitable services.

What is the most valuable life lesson you've learned in your career?

TM: There is simply no substitute for hard work if you truly want to be the best at what you do.

"When the ring comes off, the gloves come off."

Ilona Antonyan, Esq., CFLS Founding Partner

Tim Miranda, Esq., CFLS Founding Partner

402 W Broadway, 21st Floor, San Diego, CA 92101 619.696.1100 expertdivorcelaw.com

IG: antonyan_miranda FB: AntonyanMiranda

LinkedIn: antonyan-miranda-llp

PHOTOGRAPHY BY: JOE SCARNICI



DURANA ELMI

Cymbiotika | Co-Founder & Chief Operating Officer

Durana Elmi is helping others take control of their health and transform their well-being through her high-quality supplements brand, Cymbiotika.

What are your specialties in your industry? DE: My specialties lie in product development, strategic planning and fostering partnerships within the health and wellness industry. I'm dedicated to sourcing the highest quality ingredients and creating innovative formulations that support optimal health. We're here to offer guidance, share our knowledge and provide life-changing products to support your unique journey to health and vitality. We believe that achieving health isn't just a destination; it's a lifelong

journey, and we're committed to helping you make that journey as happy, vibrant, healthy and amazing as possible.

What is your favorite part of your job? DE: My favorite part is seeing our products' positive impact on people's lives. It's gratifying to hear our customers' success stories and know we're making a difference in their well-being.



What differentiates your business strategy in the industry?

DE: At Cymbiotika, we never take shortcuts on quality or ingredients, revolutionizing how people think about their health. We are pioneering education around health. Our commitment to transparency, quality and education sets our business strategy apart. We prioritize integrity in everything we do, from sourcing ingredients to communicating with our customers.

What is the most valuable life lesson you've learned in your career?

DE: The most valuable lesson I've learned is the importance of perseverance and resilience. Building a successful business requires determination and the ability to overcome obstacles.

What are the positive ways you use your power in your community?

DE: I use my influence to support local health, education and empowerment initiatives. Whether it's sponsoring wellness events or volunteering at local charities, I'm passionate about giving back.

Is there a mentor who has influenced your career?

DE: Yes, there have been many. I grew up watching my mother run her own company, which was powerful to witness as an aspiring female entrepreneur. Additionally, both my husband and I have been mentored by Andy Shibley, who helped shape our careers.





ALEXANDER A. KHALESSI, MD, MBA

UC San Diego Neurological Surgery Department

Dr. Alexander Khalessi and his team have transformed San Diego into a world-class neurological surgery care destination through groundbreaking research, innovative treatments, and elevated patient care.

What specialties does UC San Diego Neurological Surgery offer?

AK: In my role as Chair of the Department, I oversee a team of specialized surgeons dedicated to delivering advanced care for conditions affecting the brain, spine, and peripheral nerves. Our expertise covers a wide range of areas, including brain tumors, epilepsy, movement disorders, stroke, cerebrovascular diseases, peripheral nerve disorders and pediatric neurological conditions. Personally, my surgical practice focuses on open cranial surgery and catheter-based procedures for brain tumors and vascular disorders.

What is your favorite part of your job?

AK: Collaborating with a skilled and committed team has played a pivotal role in elevating the status of the neurosurgery department and UC San Diego Health as premier destinations for patients seeking state-of-the-art treatments. Our efforts encompass training the next generation

of surgeons and driving advancements in the treatment of neurological diseases through translational and clinical research.

What makes the Department of Neurosurgery special?

AK: The department ranks #21 among over 4000 hospitals nationally in neurosurgery and neurology, according to U.S. News and World

Report (USNWR). We remain on the rise. Our institution boasts two comprehensive stroke centers and the region's sole NCI-designated Comprehensive Cancer Center. We have cultivated a strong and thriving research ecosystem thanks to collaborations with neurosciences and engineering institutes, allowing us to continually innovate and expand the frontiers of medical possibility.

We stand at the forefront of patient care, groundbreaking research, and cutting-

edge treatments. Our efforts have significantly contributed to San Diego's emergence as a global destination for

exceptional medical care.

What are the positive ways you use your power to advance your industry?

AK: I'm dedicated to training the next generation of surgeons to practice neurosurgery with enhanced safety, effectiveness, and efficiency. As the current president of the Congress of Neurological Surgeons (CNS), our largest academic specialty society with over 12,000

members, I have the privilege of collaborating closely with my peers in the field. Together, we're driving forward the specialty in novel and collaborative ways, ensuring its continuous evolution and improvement.

What is the most valuable life lesson you've learned in your career?

AK: Drawing inspiration from patients and their

resilience provides me with invaluable perspective. Witnessing their courage in the face of neurologic disease is a unique privilege. Despite our enormous progress, our current technical limits drive my passion for developing tomorrow's cures.

Outside of work, what do you love about living in San Diego?

AK: San Diego is an outdoor paradise. I enjoy spending time with my wife Sara and our two sons. We love exploring the beaches, wild animal parks, friends and

"As a global destination for neurological care, UCSD remains relentlessly focused on pathdefining treatments, groundbreaking research, and training tomorrow's surgeons.

> neighbors that make this our home.



GREG NOONAN & ASSOCIATES

> With a robust network of connections and a deep passion for helping clients succeed in their real estate journeys, Greg Noonan & Associates has built a powerhouse team in La Jolla.

What are your specialties in your industry?

Making a difference in our clients' results through our intuitive and studied negotiation skills is an incredibly satisfying part of our business and a decisive way in which we excel for our clients. Our top-level tech industry contacts also ensure our sellers have the best-in-class, newest marketing resources, often beta-tested by us first.

What is your favorite part of your job?

With our professional and family lives intertwined, almost all of our closest friends were clients first. Our network of friends from all different vocations and professions is by far the greatest blessing that comes from working so closely with families as they move from or into a new home. We immensely appreciate the support

and friendships we have built through this career.

What differentiates your business strategy in the industry?

Our reputation for successfully completing transactions is an important advantage to our clients, and we are fastidious about steering every

facet of the experience toward their success. Every conversation, marketing effort and obstacle is handled with precision to keep our clients at an advantage. We care about each client's unique circumstances and needs and know how to create the best results.

What are some of your most meaningful career highlights?

Greg Noonan and his associates has sold more

La Jolla homes than any other agent in history, and Noonan & Associates is consistently ranked among the top teams in the country.

Is there a mentor who has influenced your career?

We have been inspired by friends and clients who have created success in any area of their lives, and especially the magic trifecta: success in business, marriage and parenthood.

What is the most valuable life lesson you've learned in your career?

We work through many complicated situations, so we have all learned to keep life simple. Also, a house is never going to be the one thing that makes anyone happy; it's the memories you make there, the friends who visit, and the family gatherings that create joy.

"Our network of friends from all different vocations and professions is by far the greatest blessing that comes from working so closely with families as they move from or into a new home."

What are positive ways you use your power in your community?

One of the great things about our diverse network is that we know the right specialists to call whenever someone is in need. In terms of philanthropy, Micaela and Michelle have been heavily involved in the community with Las Patronas and their children's schools, as well as other

charities. The Noonans are members and Paul Harris Fellows of San Diego Rotary, founders of the La Jolla Community Foundation and are dedicated sponsors of several charitable organizations locally and abroad.





ALLISON ROBLES

Allison Robles Real Estate: Berkshire Hathaway HomeServices
California Properties | Realtor® | DRE# 02212327

Savvy negotiations, genuine connections and a lasting history of real estate excellence have propelled Realtor® Allison Robles in her industry.

What are your specialties in your industry?

AR: I focus on luxury real estate in La Jolla and Rancho Santa Fe, where skilled negotiation is essential. My extensive background as a C-level executive, real estate investor and entrepreneur has equipped me with informed insight into the real estate market and the economy, allowing me to truly be an advisor to my clients.

What is your favorite part of your job?

AR: My passions lie in navigating the intricate market to match distinguished buyers and sellers with unparalleled properties. I offer a bespoke experience tailored to the unique desires of each client. With a commitment to discretion and excellence, I aim to exceed expectations, ensuring the journey is as exceptional as the destination.

What differentiates your business strategy in the industry?

AR: My background in prominent corporate enterprises and entrepreneurship, coupled with my astute business acumen, adept negotiation proficiency and talented team of distinguished agents, set our business strategy apart while bringing our clients real estate success.

What does it mean to be powerful in your area of expertise?

AR: My commitment extends beyond mere transactions; it is a perpetual alliance. I consider myself an agent for life, deeply invested in contributing to my clients' enduring success in the intricate landscape of real estate, a responsibility I approach with the utmost diligence and care.

"Service is not just a facet of my identity but a fundamental element of my life's purpose."

What are the positive ways you use your power in your community? AR: My fervor for effecting change and leaving a lasting impact is especially pronounced in areas such as education, addressing food insecurity, supporting veterans, championing child welfare, and advocating for women's health.

What is the most valuable life lesson you've learned in your career?

AR: The power of genuine connections. Real estate isn't just about properties; It's about people and their stories. Listening, understanding, and empathizing are key.

Outside of work, what do you love about living in San Diego?

AR: My favorite part of San Diego lies in the people who reside here. San Diego's heart is its

warm, vibrant community, complimented by its nearly perfect weather and stunning scenery.

Is there a mentor who has influenced your career?

AR: My husband has been a great mentor in my career. He is an exceptionally intelligent and dynamic businessman whose guidance, from market insight to practical support, has been invaluable to my professional growth. He encourages me to take calculated risks and to step out of my comfort zone, instilling in me the confidence needed to succeed.



CHRISTINA THOMAS

Business Owner & Real Estate Broker | DRE#01457793

Power Player Christina Thomas is one of Southern California's top luxury real estate professionals representing everyone from first-time homebuyers to high-net-worth individuals.

You have an exciting announcement for our readers, please tell us about it.

CT: I'm standing on the cusp of introducing a monumental shift in Southern California's real estate landscape. I'm not content with the status quo. Rather, I'm crafting a bold new real estate brand, poised to revolutionize the industry by discarding its antiquated transactional norms in favor of a fresher, more progressive approach. Stay tuned this summer for an innovative and creative brand name announcement that captures the brand's values and mission, redefining the industry.

What unique features or innovative elements will set your real estate brand apart from other competitors?

CT: What sets my business apart from competitors is the integration of cutting-edge AI technology into the real estate workflow. This positions my brand for success and gives us a competitive edge. Throughout my career, referrals have been a key aspect of my business, which I attribute to attentive listening to clients and empowering agents as skilled problem-solvers and communicators. While this approach may not be prevalent in the industry, it forms the solid foundation of my new brand.

"Stay determined, even in the face of

fear. Fearlessness

is not the absence

of fear, but rather

the courage to push through it."

What is the most valuable life lesson you've learned in your career?

CT: My steadfast belief is in always choosing the ethical path. Upholding integrity and honesty in every encounter ensures not just success but also fosters enduring client relationships. This principle holds true across all spheres of life, whether with family and friends or in the realm of business.

Will your new brokerage focus on any specific aspect of real estate?

CT: As a real estate brokerage based in San Diego, we have a strong presence throughout Southern California. Our team of professionals are dedicated to meeting the diverse real estate needs of our clients. Whether you are a first-time homebuyer, a military family, or seeking luxury high-end estates, we are here to provide you with expert assistance. We also work with real estate investors, including those involved in development projects and hospitality. While our current focus

is on serving the Southern California region, we are looking for potential expansions in the future to better serve our clients.

What are some highlights of your career?

CT: During my real estate career, I have had the privilege of being featured in prestigious magazines like Forbes and Vanity Fair. These notable achievements have been the highlights of my journey. Additionally, I accomplished a significant milestone by successfully closing a \$72 million real estate deal. Managing the intricate details and

handling the intense pressures that come with such transactions is no easy task. However, by building strong relationships based on trust and respect with my clients, I have been able to make even the most complex deals feel effortless.

How would you define a Power Player?

CT: A Power Player is a formidable individual who constantly pushes the limits and thrives on challenges. They embody traits such as

> strength, resilience, and an unwavering determination for personal and professional growth.

Where does your grit and determination come from?

CT: Growing up in poverty and facing countless hardships due to a severe lack of resources, I have developed a resilient spirit that drives me to never give up in my quest for success. Constantly pushing my limits, I aim to imagine greater possibilities, dream bigger dreams, and achieve even more significant victories."



SARA ABBAS

Her Majesty Sara, Always A Muse, EvOlver, Inc. | Founder, Inventor,
Designer, Singer, Author, Luxury Brand Liaison

Sara Abbas is a talented multi-hyphenate whose drive to impact the world through positive change has led to international acclaim.

What are your specialties in your industry?

SA: My passion has always been to create solutions. This ranges from organizing global peace-keeping initiatives through various nonprofit foundations, pioneering campaigns to launch gamechanging brands for clients via Ev0lver Inc., to simpler things like designing the perfect little black dress through my fashion brand Always A Muse.

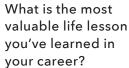
What has influenced your career?

SA: When I was a refugee of the first Gulf War, I realized there was a disconnect at the top because everyday people seemed to be getting along well. My mission became to unite global leaders, independent of government or politics. I hoped they would interact

and collaborate in organic ways, thus enabling a more harmonious future from the top down. There was no path to this outcome, so I went about in my own way and launched some incredible businesses in the process; that's how I started to build my portfolio of brands, and the pieces (philanthropy, fashion, music and marketing) fit together effortlessly.

What are the positive ways you use your power in your community?

SA: I've found that leading by example can be one of the most powerful and impactful ways anyone can give back. I've been blessed to have many eyes on me through my work and social life, giving me a platform to contribute on a larger scale and demonstrate that anything is possible.



SA: 'The way you are different is the way you will shine.' I say this often, and it's a bit simple, but it's powerful. Don't let social norms or the limitations of others dull your sparkle!

Follow Sara Abbas on Instagram for the most up-to-date information on projects and events, and join her email list to stay connected.





What are your specialties in your industry?

MA: I focus on reshaping and enriching the guest experience across our Evans Hotels resorts. By designing and curating distinctive experiences and building upon the existing strengths of our hotels, I am dedicated to setting new benchmarks in hospitality and continuing my legacy as an experience builder.

What is the most valuable life lesson you've learned in your career?

MA: I learned early in my career as a general manager the importance of hiring great people and allowing them the freedom to excel. Guiding them with a clear vision and direction is crucial, as is stepping back to let them express their full selves and talents in their roles. This philosophy is a cornerstone of my management style,

MODERN LUXURY SPOTLIGHT



MATT

Evans Hotels | Executive Vice President & COO

Matt Adams creates unforgettable experiences throughout Evans Hotels' portfolio through meticulous design and strategic decision-making.

proving that when talented individuals are given the space to thrive, they invariably do.

What is your favorite part of your job?

MA: I enjoy witnessing the growth and development of our team. There's something profoundly rewarding about seeing someone excel in their area of expertise allowing them to take on a challenge, watching them execute it flawlessly, and then celebrating their successes, perhaps even more than mine. This focus on fostering and recognizing others' achievements makes the work truly fulfilling.

What differentiates your business strategy in the industry?

MA: As an independent hotel operator, we can adapt to new strategies in real-time, which allows us to tailor experiences, adjust product offerings, and respond to market changes immediately.

What are the positive ways you use your power in the community?

MA: Evans Hotels gives back to our employees and the San Diego community through our sustainable practices, which include robust employment offerings, comprehensive training programs and prioritizing the stewardship of our local environment.

Outside of work, what do you love about living in San Diego?

MA: I love living in San Diego and experiencing the authenticity and cultural dynamics of the city. My passion is food and beverages, so I'm always exploring different places and looking for innovation in the culinary world.



EITAN BENDESKY

Quadratto | CEO

Eitan Bendesky is revolutionizing how clients purchase materials through Quadratto's immersive, hands-on boutique showroom staffed with knowledgeable specialists ready to collaborate.

What are your specialties in your industry?

EB: Since founding our first material design center in 2019, I've focused on strategic initiatives to promote our innovative solutions and cultivate longlasting client relationships. We've established a strong presence through targeted sales approaches and compelling marketing campaigns, showcasing our expertise in developing cutting-edge material applications tailored to diverse sectors

What is your favorite part of your job?

EB: My favorite aspect is working with my exceptional team to drive innovation in material design and sales. Together, we take immense pride in understanding each client's needs and finding creative ways to solve complex challenges through material design. Seeing our cuttingedge work implemented

across diverse industries is incredibly fulfilling.

What differentiates your business strategy in the industry?

EB: Our boutique-style showroom and customercentric philosophy enables real partnerships and ensures prioritizing customer satisfaction above all. Clients can experience our innovative materials firsthand, collaborating directly on design solutions tailored to their needs. We stay ahead by leveraging cutting-edge research to develop novel materials that revolutionize industries.

Is there a mentor who has influenced your career?

EB: My greatest influences have been my dad and the incredible people I've worked with. My dad instilled in me the values of hard work, perseverance and striving for excellence. Each job exposed me to mentors who imparted invaluable

lessons, from problemsolving to customer service.

What is the most valuable life lesson you've learned in your career?

EB: The most valuable lessons I've learned are the importance of resilience, teamwork, and always striving to do what's right. Holding true to ethics and doing the right thing, even when difficult, builds integrity and respect.

Outside of work, what do you love about living in San Diego?

EB: Outside of work, I love spending quality time with family. Living in a vibrant community allows us to explore different experiences, like visiting local parks and trying new restaurants, and make lasting memories.





What are your specialties in your industry?

SC: The Coopersmith Law Firm, LLP represents businesses and highnet-worth individuals at all stages of litigation, including in avoiding disputes. Our primary practice is business and corporate litigation, including partnership and corporate disputes, executive-level employment matters, financial fraud, fine art disputes and select public development matters.

What differentiates your business strategy in the industry?

SC: My early experience as a U.S. Army JAG officer has distinctly equipped me to assess and execute the smartest strategy and move cases either toward resolution or trial.



STEVE COOPERSMITH

The Coopersmith Law Firm, LLP | Managing Partner

Tenacious lawyer Steve Coopersmith is an industry veteran whose strategic approach and decisive actions have led to excellent results for his firm's clients and recognition of his legal skills.

The work of a business and corporate litigator is complex and challenging, and the experience I had advising sharp military commanders comes in handy nearly every day.

What are your most meaningful career highlights?

SC: The complexity of facts and law in my cases and the long business relationships I have with clients—that's what keeps me challenged and agile in my law practice. I'm grateful to have been selected on the list of San Diego "Super Lawyers" annually since 2014, as well as The San Diego Business Journal's "SD500" list. I also hold an AV-Preeminent rating by the Martindale Law Directory.

What is up next for you and your business?
SC: Last year, nearly 15
years after starting my firm

SC: Last year, nearly 15 years after starting my firm, I partnered with Philippa Grumbley, an attorney who

has worked with my firm for many years. She's an accomplished lawyer and will add to the firm's ability to strategically litigate business cases and provide wise counsel to our clients.

What are the positive ways you use your power in your community? SC: I'm proud to be a member of San Diego Rotary Club 33, a great organization in this community.

Outside of work, what do you love about living in San Diego? SC: As a La Jolla resident, I'm passionate about yearround no-wetsuit openwater swimming. It gives me the sharp focus to meet any challenge.



LINDA DANIELS

The Daniels Group | Realtor® | DRE # 00545941

Linda Daniels is a leading San Diego real estate expert, ranked in the Wall Street Journal and RealTrends' 2023 Thousand Top Realtors® in the United States and the top 1% of Realtors in California.

What are your specialties in your industry?

LD: For over 40 years, I've specialized in providing personalized services tailored to each home buyer or seller's real estate goals. My expertise lies in navigating complex real estate transactions, negotiating favorable deals and ensuring a smooth closing process.

What is your favorite part of your job?

LD: Every transaction has unique nuances, so celebrating a closing with my clients is the ultimate prize. When working with sellers, my favorite part of the job is the pre-listing process, when we prepare the home's interior and exterior before going to market. I'm very hands-on and enjoy coordinating with everyone from estate liquidators to painters, cleaners, landscapers and stagers.

What does it mean to be powerful in your area of expertise? LD: The primary advantage of longevity is knowledge. My decades of professional experience navigating multiple market cycles and executing hundreds of transactions solidify my knowledge of the coastal San Diego real estate market. Power in real estate also lies in a good reputation, which I've cultivated through close friendships with many other top agents in the country.

What are positive ways you use your power in your community?

LD: My husband and I have been instrumental in establishing the Million Meals Event, an annual initiative that prepares 1.5 million meals for low-income families in Mexico and Africa. This commitment to community service reflects my values and inspires me. Additionally, I encourage my sellers to donate their excess belongings to charities like HumbleDesign and Father Joe's Villages.

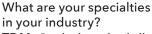


professional and personal life, which I strive to uphold in all my interactions.

What is up next for you

embodying excellence in luxury real estate. We look forward to this new chapter and are confident our services will continue to elevate to new heights.





TDM: Our high-quality ball, Triplestrike, stands apart thanks to its Poly-Butadiene core, three-layer urethane shell and 332 symmetrical dimple pattern, which delivers long distances off the tee, increased spin with irons and wedges and a soft feel on and around the green.

What is your favorite part of your job? TDM: I love seeing the

in the community through our innovative products and commitment to philanthropy.

What differentiates your business strategy in the industry?

brings a fun and inspiring twist to the game without compromising on quality and performance. Our distinctive, witty packaging creates memorable experiences for players at all levels.

positive impact we make

TDM: Big Cojones Golf



TOMMY DE MARCO

Big Cojones Golf | CEO & Founder

Tommy De Marco is the visionary CEO behind Big Cojones Golf which specializes in crafting premium golf balls and apparel infused with humor, ensuring a memorable experience on and off the course.

In addition, philanthropy is a cornerstone of our brand identity, so we've pledged to donate 1% of our profits to underserved youth, NICUs and hospitals supporting premature children's health. We strive to make a meaningful impact beyond the world of golf.

What does it mean to be powerful in your area of expertise? TDM: For Big Cojones Golf, power in the industry means embodying innovation, community engagement, social responsibility and influence, all while staying true to our mission and

core values.

What are the positive ways you use your power in your community? TDM: We donate a portion of our profits to NICUs, hospitals and nonprofit organizations. In addition, we hold charity golf tournaments and youth golf clinics to engage with our community.

Is there a mentor who has influenced your career?

TDM: While it's difficult for me to point to one single person, I'm fortunate that I've had a range of individuals with diverse backgrounds who have made a lasting impact on my career and life. From seasoned professional athletes to leaders in business and philanthropy, each interaction has contributed to my growth and development. I've learned the importance of perseverance, innovation, and giving back to the community, values that are integral to Big Cojones Golf.

Outside of work, what do you love about living in Newport Beach? TDM: My family and I moved to Newport Beach from New York City in 2022. After having twins during the pandemic, being near the beach in sunny, warm weather was exactly what we needed to unwind. I enjoy the community we've adopted here and the opportunity to be outdoors all year.



LINDSAY DUNLAP

Compass, The Dunlap Team | Luxury Real Estate Expert

Lindsay Dunlap is an accomplished luxury real estate expert whose commitment to excellence has led her to achieve record-breaking sales.

What are your specialties in your industry?

LD: I specialize in conciergelevel service that creates real estate clients for life. As a San Diego native, I have invaluable local expertise in the area's neighborhoods and intricacies. I lead an all-female team at Compass, the top brokerage in San Diego and nationwide, who regularly exceed our clients' expectations. What is your favorite part of your job? LD: It's the new relationships that excite me. With each new year comes renewed excitement to build new relationships.

What differentiates your business strategy in the industry?

LD: My strategy involves a commitment to ongoing education and adaptation to industry changes. I prioritize building strong relationships with clients and partners based on trust, transparency and

integrity. Communication is key in every stage of the real estate process, and I strive to ensure clarity and openness to foster longterm partnerships.

Is there a mentor who has influenced your career?

LD: My biggest mentor in the real estate industry is Gina Barnes with Compass. Gina has been a topproducing agent specializing in Mission Hills for decades. She has taught me the importance of nurturing relationships, continuing education and striving to be the best I can be.

What are the positive ways you use your power in your community?

LD: Through my relationships, I am able to involve others in organizations that I am passionate about including The Night to Shine Special Needs Prom, Feeding San Diego and the Agents

Against Cancer benefiting the American Cancer Society.

What is up next for you and your business?

LD: This summer, I am going to be listing the sexiest new build to hit Rancho Santa Fe in years! It draws its architectural inspiration from estates over the Mediterranean in Mallorca. It's both current in style and timeless. It's located on the very west side what everyone is looking for. I should mention the views; they are absolutely stunning!





What are your specialties in your industry?

JF: I specialize in luxury residential real estate in Rancho Santa Fe and along the beautiful North County San Diego coastline. I want each client to feel like my only client, so I am selective about whom I work with, and offer highly personalized, concierge-style service.

What is your favorite part of your job?

JF: Lasting relationships with my clients are the absolute best part of my job. My clients become my friends, often leading to repeat business. There's no greater compliment than when clients hire me repeatedly and recommend me to friends and family.

What differentiates your business strategy in the industry?



JULIE FELD, MBA

Pacific Sotheby's International Realty | Global Real Estate Advisor |
DRE# 01804785

Always putting her clients' needs first, and serving them with energy and unwavering integrity, makes Julie Feld a true real estate Power Player.

JF: With an MBA in marketing and extensive experience in corporate marketing management, I have a unique skill set that guarantees great results for my seller clients. I love thinking outside the box to craft exceptional marketing plans for each property. And for my buyer clients, there is no substitute for knowing the area, and having an unrivaled network of friends, neighbors and other agents I can call upon, to find properties that have not yet hit the market!

What are some of your most meaningful career highlights?

JF: I am consistently ranked in the top 1.49% of 1,600,000 agents nationwide by the Wall Street Journal and in the top 10 of 22,000+ individual agents by the San Diego Business Journal. I've been named among Real Trends' Best Real Estate Professionals in America and am a Circle of Excellence Platinum Award winner, year after year. More important

than awards, however, is the appreciation of well-satisfied clients. As one repeat client recently remarked, "You are expensive... but WORTH EVERY PENNY!" I am proud to have represented that client eight times.

What are the positive ways you use your power in your community?

JF: Raising funds for a variety of worthy causes has always been a passion of mine. I have also served on the Las Damas de Fairbanks board for over 20 years, working to build community within the Fairbanks Ranch neighborhood.

What is the most valuable life lesson you've learned in your career?

JF: Always put the client's needs ahead of your own and treat other agents with respect. We need to work together, to get deals done!



CHEF MICHAEL VAUGHN

The Marine Room, La Jolla Beach & Tennis Club and La Jolla Shores

Hotel & Restaurant | Executive Chef

With a devotion to using locally sourced ingredients in innovative ways, Chef Vaughn takes pride in creating captivating dishes for his guests.

What are your specialities within this industry?

CV: I specialize in using our kitchens and venues as a canvas for culinary artistry, where environmentally responsible, local and worldly ingredients are the true stars, with innovation always as my guiding light. My mentality is to shuck away conformity one moment and one bite at a time.

What is your favorite part of your job?

CV: The best part is inviting guests to partake in a feast not just of food but of imagination and creativity, to truly experience and feel the melding of past and future, tradition and innovation, and to enjoy the story as it unfolds through each exquisite dish.

What differentiates your business strategy in the industry?

CV: I use common ingredients that are prepared and partnered in uncommon ways to shine

on my guests' pallets. My dishes appeal to all five senses, along with a sixth sense only learned in the world of hospitality—turning memorable moments unexpectedly great. The most rewarding parts of my job are the opportunities to partner with mother nature's bounty, mentor culinarians to reach new heights and create memorable experiences for our guests.

Is there a mentor who has influenced your career?

CV: I'm grateful to have had many mentors who have guided me through my career and personal life. Chef Charles Wiley, Chef Andreas Sellner, Chef Stephen Strickland, Chef Marc Ehrler, Jay Kriske, Jason Tresh and, of course, my parents, I thank you.

What are the positive ways you use your power in your community?



CV: I prioritize supporting suppliers and businesses that take an environmentally responsible approach. From our fishmongers, ranchers and farmers, everyone benefits when you support locals and those doing it right.

What is the most valuable life lesson you've learned in your career? CV: Chefs do not make new recipes. Mistakes are opportunities to grow. Some instances can be more treacherous, but perseverance is key. I like to follow one of my mentor's mottos: learn it, master it, teach it.



What are your specialties in your industry?

NG: With a business background and an innate passion for soccer, I lead ALBION SC with a high organizational standard, from marketing and customer service to technology, budgets, SWOT analysis and an overall strategic business plan. I played Division I soccer before playing in the professional ranks for over eight years. Today, our elite youth program is improving the landscape of soccer with over

What is your favorite part of your job?

NG: My favorite part of leading the organization is developing leaders on and off the field. The end product is a meaningful experience for our athletes and their parents. We prioritize ensuring those we serve have the opportunity to a professional soccer pathway as well as facilitating the growth of everyone involved.

15,000 players.

SAN DIEGO

ALBION SC | CEO & Executive Director

Power Player Noah Gins is a former soccer pro now overseeing ALBION SC, one of the top youth soccer programs in the nation.

What differentiates your business strategy in the industry?

NG: We have incredible equity and infrastructure as a brand, and because of that, ALBION SC will continue expanding nationwide to become the leading soccer club in the U.S. This means innovation and vision.

Is there a mentor who has influenced your career?

NG: I was lucky enough to have a mentor and unfortunately he is not here today. But I do have many people around me that I know help, guide and care that influence myself and the desired outcome.

What are positive ways you use your power in your community?

NG: I support my community through the development of the next generation of leaders. The children of today are our future and through the vehicle of sport, character development and mentorship are shaping our community and their future. Not to mention we give back

to the community in the form of community service and financial support to families in need. I desire to collaborate with other great minds to strategize and find synergies so we can achieve our visions while also fighting on behalf of great causes. ALBION has produced over \$55 million dollars in college scholarships for players and has more players attending Ivy League schools than any program in the US. ALBION provides financial need and has given over \$6 million dollars to families in need over the last 20 years. ALBION is here to serve the community and be a vehicle to elevate and inspire greatness through the sport of soccer.

What is the most valuable lesson you have learned in your career?

NG: Never underestimate the value of listening to people and empathizing. In addition, clarify the whys behind all of your decisions, big or small.



MICHELLE HARRISON-MCALLISTER

Michelle Harrison Design | Owner & Creative Lead

Clever designs and well-researched selections have propelled Michelle Harrison-McAllister and her eponymous design firm to create some of the region's most compelling new communities.

What are your specialties in your industry?

MH: My expertise lies in seamlessly integrating branding, narrative and thoughtful design to create vibrant multifamily communities.

What is your favorite part of your job?

MH: My favorite part of my job is diving into a whole new community personality. Whether it is researching a neighborhood and its community, new products to utilize or specific insight into the demographics of a new project so I can tailor my design accordingly, learning new information fulfills me, and my devotion to analysis helps my firm excel and stand out.

What differentiates your business strategy in the industry?

MH: I thrive on research! Whether diving into neighborhood dynamics, exploring new products, or analyzing project demographics, each discovery fuels my passion and elevates our design approach. Our commitment to meticulous research and data-driven design, sets Michelle Harrison Design apart. By understanding the preferences of multifamily community residents, we craft tailored and impactful solutions.

Is there a mentor who has influenced your career?

MH: My late husband, Mike McAllister, was a profound influence. His unwavering support and encouragement propelled me to pursue my goals and shape my career path.

What are the positive ways you use your power in your community?

MH: I'm deeply involved in the ACE Mentorship Program, collaborating with Kearny Mesa High students. Witnessing their creativity and talent is humbling, and I'm committed to nurturing the next generation of design professionals.

What is up next for you and your business? MH: Exciting developments lie ahead. Michelle Harrison Design has been chosen to revitalize the Signature Point Community in Carmel Valley. We've recently completed the successful Ocean 17 Condominium project in Carlsbad, with presales exceeding expectations.

Additionally, we're proud of our work on boutique multifamily communities in North Park and an innovative medical and aesthetics office coming soon.





What are your

industry?

specialties in your

DH: I specialize in the

creation, operation and

bar concepts for luxury

What is your favorite

DH: I love to step in and

learn from the space, the

community, the stakeholders

and the beauty of the natural

part of your job?

boutique resorts and hotels.



What differentiates your business strategy in the industry?

DH: I connect thoughtprovoking design details with the bar concept and the neighborhood it serves.

me great joy.



The Rooftop Bar at Mission Pacific Beach Resort | Hospitality Consultant and Bar Director

Guided by his creativity and passion for uniting communities through shared experiences, Duane Holder is the talented bar director behind The Rooftop Bar in Oceanside.

The Rooftop Bar reflects the richly-developed Oceanside culture. The highly soughtafter René Holguin of RTH designed The Rooftop Bar, combined with a team approach to creating our surf-inspired cocktails and Mediterranean menu offerings. It's a destination where the art of blending music, DJ programming, art and unique collaborations come together as a place of community, shared memories, life, emotions, encounters, magic and its own genuine soul.

What are the positive ways you use your power in your community?

DH: I work with the community to create platforms that empower established and emerging talents in hospitality, music, mixology, culinary and artistic communities. This summer, I'm excited to work with world-class talents like Arman Naféei, curating The Rooftop Bar's DJ In

Residence Summer Series, which will launch on the summer solstice, June 21, and run through Labor Day weekend.

What is the most valuable life lesson you've learned in your career?

DH: Firstly, integrity matters the most. Second, trust is love, and love is trust. And lastly, lead people with love and do more than you are expected to do; this will open doors and lead to more great opportunities.

Outside of work, what do you love about living in Oceanside?

DH: Without a doubt, it is the caring, warm, welcoming and authentic people of this beautiful beach town.



ANAHITA KEMP, MSN, FNP-BC

NeuMed Executive Men's Health and Wellness | Nurse Practitioner, Founder & CEO

Renowned health leader nurse practitioner Anahita Kemp empowers individuals to attain peak health and wellness while gracefully embracing the aging process through personalized care.

What are your specialties in your industry?

AK: As a specialist in concierge medicine and executive health, I provide personalized treatments tailored to individual needs. With expertise in testosterone therapy, men's health, sexual health, hair loss treatment, weight and nutrition management, aesthetics and anti-aging, I offer comprehensive care to optimize health and vitality.

What is your favorite part of your job?

AK: Witnessing my patients transform their physical and psychological well-being and enhancing their lives is the most gratifying aspect of my job. My relationships with my patients are truly invaluable to me.

What differentiates your business strategy in the industry?

AK: NeuMed epitomizes the pinnacle of executive men's health and wellness. We offer an exclusive realm of health and lifestyle optimization services. With unparalleled expertise and alliances with the nation's leading diagnostic laboratories, local U.S. pharmacies and community resources, we provide precise outcomes and premium prescription access. Our meticulous consultations encompass comprehensive evaluations of over 30 laboratory markers, detailed medical history and lifestyle considerations, culminating in bespoke bio-identical hormone and anti-aging regimens designed to optimize mental, physical and overall human performance.

What are the positive ways you use your power in your community?

AK: I promote volunteerism, mentor students aspiring to enter healthcare professions and collaborate with local businesses to promote health awareness and wellness programs.

What is the most valuable life lesson you've learned in your career?

AK: Health reigns supreme.

Throughout my career, I've learned that nothing surpasses good health. I prioritize self-care over shortcuts, understanding that investing in my health is the ultimate treasure—one that's invaluable for a fulfilling life.

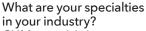
Outside of work, what do you love about living in San Diego?

AK: I adore living in San Diego for its unmatched diversity and vibrancy.

San Diego's commitment to scientific innovation is unparalleled, boasting topnotch hospitals, universities, and research institutions. Here, I'm not just living—I'm thriving in a city that embodies the perfect blend of lifestyle and intellect.







CHM: As a global restaurant group founding partner and lifestyle enthusiast, I am best known for nurturing small business toward global success. I am energized by supporting those striving to turn dreams into reality. I have a personal passion for beauty and wellness, food, fashion, travel and an overall positive vibration towards life. I leverage social media platforms to encourage and influence people to step

What differentiates your business strategy in the industry?

CHM: As a creative chameleon, regardless of which task I tackle, the common ground I build all ventures upon is authentic connection. I'm a fan of keeping it simple, so my two business principles are operational integrity and gratitude. I ensure my words and actions match regardless

beyond their comfort zone to stive for more in life.

SAN DIEGO

CHANTELLE HARTMAN MALARKEY

Chantelle Malarkey Enterprises | CEO, Photographer, Influencer, Interior Designer, Global Restaurateur, & Brand Ambassador

A prominent San Diego lifestyle and social media influencer, Chantelle Hartman Malarkey, shares her unfiltered, authentic path, positively impacting her community.

of the venue or professional ventures, and I always remain open to suggestions and collaboration.

Is there a mentor who has influenced your career?

CHM: First and foremost, through God, all things are possible. My life is a living testament to His countless grace and blessings. Second, everyone I encounter daily influences me, from the local grocer, barista, my children, the neighborhood moms and the beautiful souls I've met as we rebuild our lives together. Without either of these influences, my purpose would surely be lacking.

What are positive ways you use your power in your community?

CHM: I leverage my lifestyle influencer platform for the greater good by highlighting local businesses and promoting social impact organizations that align with my passion and beliefs. I spread messages of body positivity and self-love by promoting healthy and empowering opportunities for women everywhere. Live in love. Move through life with an open heart and spread goodwill and kindness at all costs.

What is the most valuable life lesson you've learned in your career?

CHM: In today's social media-driven world, the most meaningful and powerful impact comes from being genuine and transparent. By sharing my struggles and imperfections, I've gained a loyal following that uniquely connects with others on a deeper level. There is value in being true to myself and embracing my unique journey. Connection is the currency. I am making more time for people who make me want to be the best version of myself.

Outside of work, what do you love about living in San Diego?

CHM: The laid-back culture, welcoming community and natural scenery of San Diego make it the perfect place to call home. A foodie at heart, our diverse food scene of fresh seafood, Mexican flavors and trendy cafes is also a major perk. I am making more time for people who make me want to be the best version of myself.



SILVINA PETRATE

Hold It Contemporary Home | CEO

Talented at curating contemporary furniture worldwide and fostering long-lasting client relationships, Silvina Petrate has built an influential local design business.

What are your specialties in your industry?

SP: Our specialty is contemporary furniture, with a significant emphasis on contemporary Italian design. We also showcase pieces that reflect other influences on the contemporary style landscape, ensuring that our customers can access a broad spectrum of choices to suit their lifestyles.

What is your favorite part of your job?

SP: Firstly, there's the pleasure of curating, where I canvas the world to find the best in the industry, the innovative and the unique. There's also the joy of creating captivating, inviting spaces tailored to each client's vision. Beyond that, I love being able to serve a community that is so dear to me. From interior designers to new homeowners to commercial jobs, we get to prominently be part of the San Diego design scene and make a real difference in people's lives.

What does it mean to be powerful in your area of expertise?

SP: True power comes from understanding your community, discerning how to serve them better and having the foresight to anticipate their needs. We pride ourselves on being constantly curious, innovative and resourceful.

What are the positive ways you use your power in your community?

SP: As a woman-owned local business, we employ more than 300 people, directly and indirectly, supporting and empowering San Diego's economy. We strive to foster a culture of creativity, inclusivity and social responsibility in every project we do.

What is the most valuable life lesson you've learned in your career? SP: While achieving sales targets is essential, the

meaningful connections

forged with clients, colleagues and partners define success. Building trust, understanding individual needs and nurturing long-term relationships are the cornerstones of a fulfilling and sustainable business.

Outside of work, what do you love about living in San Diego? SP: I love the mix of cultures and how they coexist harmoniously and peacefully. I'm naturally curious and love to immerse myself in new cultures and diverse experiences.





What are your specialties in your industry?

GR: Since opening my eponymous studio in 2005, Ginger Rabe Designs, I've specialized in interior design and the construction of residential, retail and luxurious home projects. I take my clients' ideas from concept to completion, not only as their designer, but also as a project manager. Every step of the way, I

utilize my skills in technical drawings and space planning. My clients are mainly from San Diego, North County Coastal communities, Santa Barbara, Orange County and Palm Springs, but I'm always open to serving further clientele nationwide as well as e-design. I'm especially known for my sophisticated kitchen designs, custombuilt cabinetry, construction documents, and knowledge of California Codes.



GINGER RABE

Ginger Rabe Designs | CEO

Ginger Rabe, the founder and principal designer of Ginger Rabe Designs, utilizes her unique design-build expertise to deliver highly crafted spaces for clients across Southern California.

What is your favorite part of your job?

GR: I love working on projects from the ground up so I can provide more personalized design solutions. It's incredible to see my firm's design concepts come to life and hear our clients say it's exactly what they were looking for.

What differentiates your business strategy in the industry?

GR: My projects consistently stimulate both the intellect and the senses. We institute effective solutions, bringing an inspirational environment as well as an excellent customer experience to fruition. The keys to my success lie in honesty, strong design skills, leadership and consistent communication.

What are positive ways you use your power in your community?
GR: I host a podcast called

GR: I host a podcast called "Single Story" to share my career journey with my listeners and collaborate with fellow industry executives. I also am a professor at two colleges where I teach architecture.

What is the most valuable life lesson you've learned in your career?

GR: As a principal interior designer, I deliver spaces that are iconic, healthy, visionary and curated. I constantly am traveling the US to learn from industry leaders so I can educate my clients not only on products but also on sustainable practices.

What is up next for you and your business?

GR: We are in talks with starting to partner with developers to flip houses as a way to create a sustainable build. We plan on filming the journey for others to watch on our channel. I will also be working on a coffee table book that will be out later this year.



SDCM RESTAURANT GROUP

Matt Spencer | Owner
Brian Redzikowski | Executive Chef & Managing Partner

SDCM Restaurant Group Owner Matt Spencer and executive chef and Managing Partner Brian Redzikowski are at the helm of San Diego's thriving hospitality and restaurant scene.

What are your specialties in your industry?

At SDCM Restaurant Group, we are adept at balancing a female aesthetic with a high-end culinary and beverage program. Just as an artist chooses their canvas, we enjoy choosing a space, designer and unique brand for each of our venues. Our restaurants include The Whaling Bar, Captain's Quarters, Waverly, Camino Riviera, Kettner Exchange, The Grass Skirt, Vin De Syrah, Firehouse and Devil's Dozen Donut Shop.

What differentiates your business strategy in the industry?

BR: While each of our brands possesses its own feel and design, what truly connects all of our venues is the amazing culinary program I've crafted, the beverage program led by Eric Johnson and the overarching leadership Matt Spencer provides. We rely heavily on an in-depth understanding

of our customers and enjoy cultivating new flavors, culinary methods and industry relationships.

Is there a mentor who has influenced your career?

MS: The restaurant business seems glamorous on the outside; however, the back end makes or breaks a multi-venue company. No one knows the back end or, frankly, more about operating restaurants than my mentor David Cohn.

BR: My older brothers are both chefs and encouraged me to follow in their footsteps.

What are positive ways you use your power in your community?

Rather than always hiring from outside, we identify young talent within SDCM Restaurant Group and provide an environment where they can grow into executive and management positions.

Seeing our employees' growth is exciting.

What is the most valuable lesson you have learned in your career?
MS: Know when to be patient and when not to be.

Outside of work, what do you love about living in San Diego?

BR: I enjoy the micro communities within the

small 20 mile radius of San Diego. The cultural differences which allows myself to be diverse in cooking.

MS: I enjoy the confluence of being a three-million-person city so close to Tijuana, an international three-million-person city, and Valle De Guadalupe.





What are your specialties in your industry?

VR: Positioning a home for the market is my specialty. I make each exceptional property tell a story through stunning updates, photography and video to attract eyes and execute sales. Being marketing savvy is why I am among the top 1% of realtors in San Diego. Now, at the Oppenheim Group,

acclaimed for its two television shows, "Selling Sunset" and "Selling the O.C.," Vidi says "I am loving the new office and thriving and San Diego may even have a show coming soon."

What is your favorite part of your job?

VR: My clients' success and friendship mean the world to me. There is nothing else I would rather be doing



VIDI REVELLI

The Oppenheim Group | Luxury Real Estate Specialist

Hailing from a San Diego real estate family, Vidi Revelli carries on the family tradition as a realtor and luxury marketing expert at the famed Oppenheim Group.

than helping them reach their goals. My profession is my passion.

What differentiates your business strategy in the industry?

VR: Since the Oppenheim Group opened its doors a year ago in La Jolla, we have made recordbreaking sales and continue to have fun doing it. I work regularly with Jason Oppenheim on some incredible luxury listings. In 2024, we already have \$300 million in new listings and the highest sale to date in Coronado. Our brokerage's television shows, extensive social media reach and events generate buzz for the homes we sell.

Is there a mentor who has influenced your career?

VR: I was born into a real estate family, and their mentorship has been instrumental in my career. My grandmother was ahead of her time in the '60s and '70s, owning several brokerages and selling hundreds of homes. My father followed in her footsteps, and I grew up witnessing first hand his real estate business's impact on people's lives.

What are positive ways you use your power in your community?

VR: I've been a gala cochair for The Athenaeum Music and Arts Library in La Jolla, which supports various artists, musicians and exhibitions.

What is up next for you and your business?

VR: The Oppenheim Group has many beautiful new listings on the horizon and many offmarket homes for the most discerning clientele. Our goal is to bring the brand and its success to as many clients as possible and continue to break records!



CLINTON SELFRIDGE

Pacific Sotheby's International Realty | Global Real Estate Advisor & Broker Associate | DRE #01417348

With a passion for helping clients achieve their ideal coastal property, Clinton Selfridge has garnered a reputation for top-tier customer service.

What are your specialties in your industry?

CS: My specialty lies in the coastal areas of San Diego County, stretching from Coronado to Carlsbad. Leveraging the resources of Pacific Sotheby's International Realty, I craft compelling marketing strategies for my listings, ensuring they stand out beautifully.

What is your favorite part of your job?

CS: The most fulfilling aspect of my job is witnessing the sheer joy and excitement on a buyer's face when they discover their dream property. Guiding them through this journey and aligning their vision with their new home brings me immense satisfaction.

What differentiates your business strategy? CS: What sets my business strategy apart is my unwavering commitment

to prioritizing clients' needs above all else. I tailor each interaction to their unique preferences and lifestyles, offering a personalized experience amid the industry's noise.

What does it mean to be powerful in your area of expertise?

CS: Power in my domain is epitomized by embodying values of integrity, transparency, and unwavering dedication to service and compassion. It's about fostering trust and making a positive impact.

What is the most valuable life lesson you've learned in your career?

CS: The most valuable lesson I've learned is that a home represents far more than just bricks and mortar—it's a reflection of one's life and aspirations for the future. Understanding this has

deepened my empathy and ability to connect with clients on a profound level.

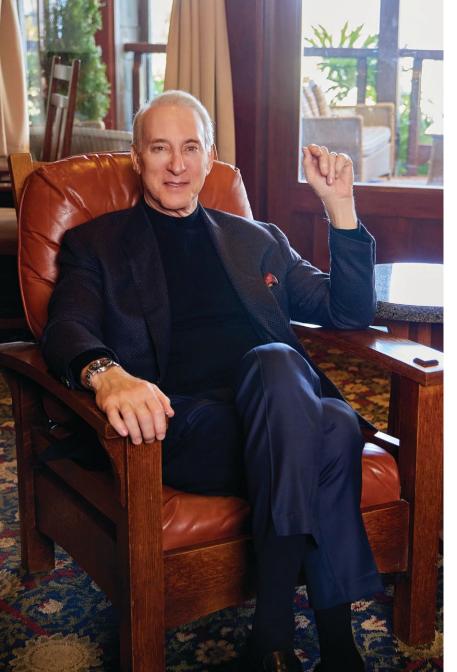
Is there a mentor who has influenced your career?

CS: My first sales manager in New York City saw my potential at a young age and provided the guidance and support I needed to succeed in the real estate industry.

What do you love about living in San Diego?

CS: Beyond work, San Diego offers an unparalleled outdoor lifestyle. From the refreshing air and mild temperatures to the abundance of outdoor dining and activities, it's a haven for enjoying nature without the pesky bugs I encountered growing up in Dallas.





Why did you decide to become a lawyer? ES: I was drawn to law at an early age. I despised bullies and decided the best way I could make a difference was to become a lawyer and use my abilities and the legal system to level the playing field for the underdogs. That motivation has been my guiding light for the past 48 years.

part of your job? ES: My greatest pleasure is analyzing clients'

What is your favorite

problems and counseling them on achieving the best outcome. I always think of multiple moves ahead. Law is a complicated, threedimensional chess game requiring strategic thinking and planning to get our clients the outcome they want and need.



ERWIN J. SHUSTAK, ESQ.

Shustak Reynolds & Partners, P.C. | Managing Partner

Erwin J. Shustak is a talented, experienced attorney whose years of focusing on excellence have led him and his firm to national acclaim.

What differentiates your business strategy in the industry?

ES: We are a client-centric law firm offering personal attention only found at a bespoke law firm like ours, with a high quality, low volume practice. We are very selective in the clients we take on and spend time upfront, ensuring a good fit between our firm and the prospective clients.

What are your most meaningful career highlights?

ES: We are proud to have earned many accolades, including SuperLawyers, Best Lawyers, U.S. News Best Law Firms, Top California Boutique Law Firm and many others. It is particularly satisfying to receive letters from clients thanking us for getting them through a difficult process.

What are the positive ways you use your power in your community?

ES: Our firm is committed to giving back through various pro bono activities in the legal and local community. Partner Jonah Toleno received the San Diego County Bar Association Community Service Award for Commitment to Diversity. I volunteer to help with local community issues and land use planning.

What is the most valuable life lesson you've learned in your career? **ES**: My father greatly influenced me, teaching me to hone my skills, be humble and honest, and listen to and respect clients.



TIM VAN DAMM

Tim Van Damm & Associates at Berkshire Hathaway HomeServices | Luxury Real Estate Specialist | DRE# 02011614

Powerhouse Luxury Real Estate Specialist Tim Van Damm is ranked as the No. 1 North County Realtor and No. 1 in Rancho Santa Fe for Berkshire Hathaway HomeServices.

What are your specialties in your industry?

TVD: I specialize in luxury real estate, but always ensure that every property, from condos to estates, receives the same level of meticulous attention and dedication. My area of expertise is in San Diego's North County, particularly in Rancho Santa Fe, Santaluz, The Crosby, Del Mar, and La Jolla. I am recognized by The Wall Street Journal as one of America's Best Real Estate Professionals.

What is your favorite part of your job?

TVD: I've always loved the relational aspect of real estate. It's a privilege to help people buy and sell a home, which is such a central part of their lives. Whether I'm on the buying or selling front of a transaction, I enjoy going to bat for my clients and negotiating the best deal possible.

What differentiates your business strategy in the industry?

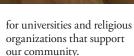
TVD: What differentiates my business strategy in the real estate industry is a combination of my deep-rooted knowledge from luxury custom home building and my extensive experience in sales. My background in construction provides a strong foundation for understanding property potential and enhancements, while my sales experience has taught me the importance of persistence and hard work. I focus daily on the things I can control-my actions and my attitude. This means making numerous calls, choosing to approach my work with positivity, and dedicating consistent effort, regardless of market conditions. This comprehensive approach, rooted in expertise and proactive behavior, sets my business apart in the industry.

Is there anyone who has helped your career the most?

TVD: My wife Cecilia, who is the head of marketing for Tim Van Damm & Associates leveraging her strong background in brand creation, is my secret weapon. I enjoy working as a family, and building a lasting legacy together.

What are the positive ways you use your power in your community?

TVD: I am an active member of our church, and take pride in being on the board of Father Joe's Village. A large segment of my career has been dedicated to nonprofits, and fundraising



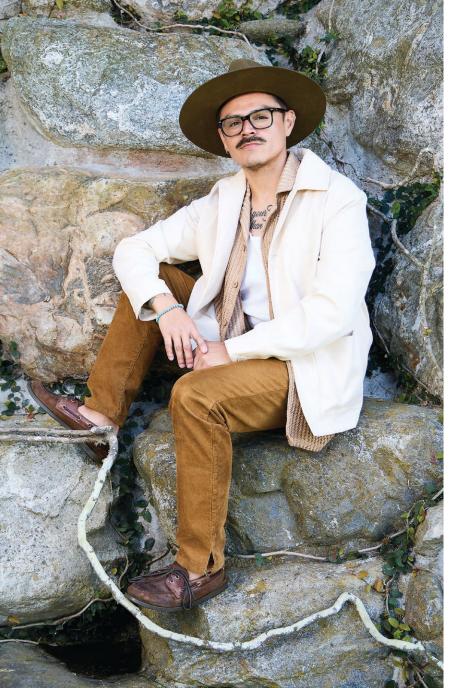
Outside of work, what do you love about living in San Diego?

TVD: We love being close to family, and being surrounded by such a great support system through our faith and community. The kids love all the activities they get to enjoy, and as an East coast native, the warmth and weather of sunny San Diego is tough to beat.

What is up next for you and your business?

TVD: In just four years, Tim Van Damm & Associates has skyrocketed from an annual gross revenue of \$9M to an astounding \$132M in 2023, and we are poised to exceed that this year. We have been named the number one team in all sales volume in North San Diego County in 2023, and Tim Van Damm & Associates was also recognized as the #6 Top Small Teams Worldwide for Berkshire Hathaway for the last two years in a row. We look forward to continuing our growth trajectory and serving our community.





What are your specialties in your industry?

OV: I'm known for designing fashion-forward clothing that blends elements of bohemian style with contemporary fashion, resulting in unique, vibrant pieces that make a statement. My designs often feature flowing silhouettes, intricate patterns and bold colors.

With a strong attention to detail, I incorporate

delicate embroidery, beading and other embellishments to create a visually captivating aesthetic.

What is your favorite part of your job?

OV: I love creating wearable art that makes people feel good about themselves.

Is there a mentor who has influenced your career? OV: My mom helped



OSEAS VILLATORO

Oseas Villatoro | Fashion Designer & Owner

Acclaimed fashion designer Oseas Villatoro opened his eponymous boutique in 2021 following successful runway shows at fashion weeks worldwide.

me realize my talent as a fashion designer and is one of my biggest mentors and supporters. My partner Dorian Brewer pushed me to start my brick-and-mortar business in Hillcrest in 2021. I want to thank him for his inspiration and guidance, as he is also a business owner who runs a State Farm agency in North Park.

What are the

positive ways you use your power in your community? OV: I think it's important to give back to communities that support me as an LGBTQ small business owner. I am proud to have designed a fashion collection for Designs for Awareness, shown at Mexico's Fashion Week, that donated to support HIV-positive LGBTQ youth in need. The collection was red from head to toe and featured half womenswear and half menswear, as HIV and AIDS do not discriminate.

What is the most valuable life lesson you have learned in your career?

OV: For every three no's, there is a yes. Following my dream and starting my own business is one of the most challenging and rewarding things I've ever done.

What is up next for you and your business?

OV: I recently launched the Fashion Forward Crew, a VIP club that grants members access to limited-edition and early-release collections at Oseas Villatoro, as well as complementary concierge shopping with Champagne, special discounts and a spot on the guest list for every fashion show.

To sign up for the VIP program scan the QR code below.





ANTHONY WELLS

Hotel La Jolla, Curio Collection by Hilton | Executive Chef

A champion of locally sourced ingredients and sustainable seafood use, chef Anthony Wells of Hotel La Jolla's Sea & Sky, is a creative, industry-leading executive chef.

What are your specialties in your industry? AW: Creating and nurturing relationships with local purveyors has been critical to my evolution as a chef. Maintaining these relationships with our area farmers, fishmongers and artisans have allowed me access to an abundance of locally harvested resources to continue to present an ever-evolving menu and keep our offerings as fresh and creative as possible.

What is your favorite part of your job?
AW: I love sharing the knowledge and perspective I have acquired over my career with young cooks and watching them use it to create their own cooking style, then witnessing their confidence and talents grow.
What are your most meaningful career highlights?
AW: I was nominated for

a James Beard Award for Best Chef in California in 2022 and previously earned a Michelin Bib Gourmand award. I look forward to bringing that same notoriety to Sea & Sky. It's a luxurious penthouse restaurant at Hotel La Jolla focused on California coastal cuisine, and I'm honored to have the opportunity to bring my unique culinary flair to the waterfront hot spot.

Is there a mentor who has influenced your career?

AW: I've had many. One of my most influential mentors in the past decade has been industry-legend Paddy Glennon. He's like an encyclopedia of southern California seafood and is the main reason I fell in love with the local seafood community. He introduced me to fishermen who taught me the importance of sustainability and with whom I've built long-lasting relationships. To

this day, I can't thank Paddy enough for believing in me from the start.

What are the positive ways you use your power in your community? AW: From buying local fish and vegetables, sourcing local honey, working with a local ceramicist or using local olive oil. I choose local over any other option every chance I get.

What is the most valuable life lesson you've learned in your career?
AW: Don't stress; we will do it all over again tomorrow.





When it comes to debuts, you can always count on RH to go big. In a perfect fusion of art, design and functionality, RH (rh.com) has unveiled its most comprehensive and innovative outdoor collection to date. Featuring over 40 exclusive designs in teak, aluminum, all-weather wicker and upholstery from some of today's most acclaimed designers, this collection is a testament to RH's unwavering commitment to exceptional design, quality and style.

"Our 2024 Outdoor Collection blurs the lines between indoor and outdoor living, presenting a level of design, quality, taste and style unrivaled in today's market," says RH Chairman and CEO Gary Friedman. "We are proud to introduce our latest CONTINUED...



Dine at MICHELIN Star restaurant
Valle for a taste of contemporary
Mexican cuisine, featuring Chef Roberto
Alcocer's seasonal tasting menus.
Located waterfront along Oceanside's stunning
coastline, this dining experience invites guests
to enjoy the flavors of the vibrant Guadalupe
Valley wine region. Choose from a full dinner
service, or opt for the Chef's newly launched
bar experience: El Sillón, serving a fresh menu
every evening, specially curated by Chef Roberto.

valleoceanside.com, 866.723.8906

VALLE

MODERN LUXURY



THE HOTTEST
PRODUCTS, EXCLUSIVE
EVENTS AND SPECIAL
OPPORTUNITIES FROM
OUR PARTNERS.



A MUST-SEE
WORLD-PREMIERE MUSICAL

The Ballad of Johnny and June
premieres at La Jolla Playhouse
starting May 28. This is the iconic love story of
country music royalty Johnny Cash and June
Carter Cash, with a soundtrack of legendary hits like
Ring of Fire and I Walk the Line. Tickets from \$25.

858.550.1010, lajollaplayhouse.org



LA JOLLA'S NEWEST LUXURY BOUTIQUE

Experience the timeless elegance of FORTE DEUX, La Jolla's premier boutique, reopening its doors under locals Bettina Rudat and Michelle Intaglietta. Established in 1958, this Bird Rock favorite is reborn. Shop meticulously curated treasures from the finest clothing and lingerie, or curate your home with a concierge service promising to elevate your lifestyle. Embrace intentional living as each piece invites you to savor life with effortless style. Welcome to luxury redefined. **fortedeux.com**

ADIOS Wave that chapter goodbye. Antonyan Miranda's Certified Family Law Specialists aggressively preserve, protect, and help secure all that is important to you: family, finances, and assets. We are experts in all family law matters including highnet-worth divorce, child custody, restraining orders, and appeals, and also provide estate planning and complex probate litigation representation. **619.696.1100**, antonyanmiranda.com



...CONTINUED Sourcebook and the innovative global designers and artisan manufacturers we have partnered with. Together, we are pushing boundaries and imagining a new and inspiring way to live outdoors."

Vigo's architectural silhouette, designed by Harrison and Nicholas Condos of Sydney, graces the cover of this year's Sourcebook—a bold testament to the innovative spirit that defines the collection. From the Byron collection's solid teak vertical reeding to Bondi's art deco-inspired circular bolster back, each piece is a narrative of design evolution, embodying the ethos of blending indoor comfort with the freedom and beauty of the outdoors.

The collection also introduces the works of award-winning architect and designer Claudio Bellini, who presents Gemini with

> From top: RH Gemini natural sofa and lounge chair; Bondi teak modular L-sectional and swivel lounge chair; Palma teak dining armchair and rectangular dining table.

its dramatic curved silhouette handwoven in airy all-weather wicker. Mario Ruiz, drawing inspiration from the Bauhaus movement, brings the slim lines and strong presence of Málaga to life. At the same time, the Nusa collection by Isabel Rojo and Victor Segarra invites a Mediterranean sensibility into the fold with its elegant balance of form and function.







"Our 2024 Outdoor Collection blurs the lines between indoor and outdoor living, presenting a level of design, quality, taste and style unrivaled in today's market."

-GARY FRIEDMAN

Further enhancing the collection, RH boasts the world's largest selection of TUUCI architectural shade structures, engineered by founder and chief architect Dougan Clarke to meet the meticulous standards of luxury racing yachts. The state-of-theart, automated Ocean Master Max One-Touch cantilever umbrella comes complete with ambient LED lighting and dual infrared radiant heat. A comprehensive offering, indeed.

home Arbiter

Two of a Kind

All is fair in love and design; just ask San Diego power couple Jules Wilson and Paul Basile. She's the founder and principal designer of Jules Wilson Design Studio (juleswilsondesign.com) and he's the founder and principal behind Basile Studio (basilestudio.com), a firm renowned for its commercial projects. Next, the pair will open Roseacre, the first project for the newly formed Basile + Wilson firm (basilewilson.com). Housed in the former Adelaide's space in La Jolla, the 5,000-square-foot restaurant, cafe and rooftop bar is set to arrive in early 2025—with plenty of high-design elements. Here, the engaged couple shares a few of the products that are inspiring them now. BY ALLISON MITCHELL

JULES' PICKS

"I love everything about fashion fantasy, and photographer Tim Walker is the epitome of that, creating fantastic worlds within each image."

Tim Walker: Shoot for the Moon (Thames & Hudson), timwalkerphotography.com "We adore the craftsmanship of the Hermès Patapouf bed for our puppy Noble, ensuring he can always lounge in the lap of absolute luxury."



CODUS OF THE PROPERTY OF THE P

"Kasseus' work strikes the unique and perfect balance of street art, fashion and artificial fantasy."

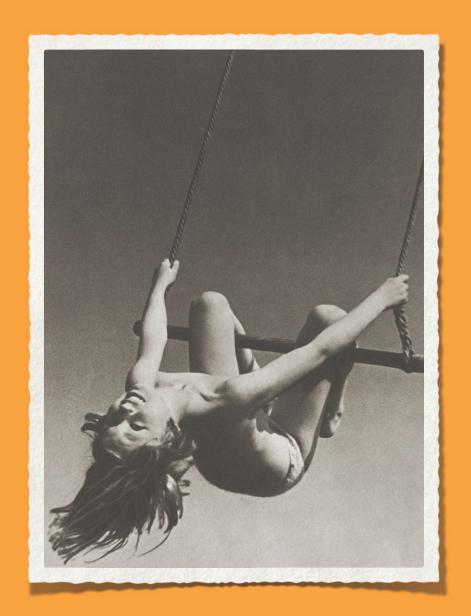
Kasseus, "Chloe V" (2023, mixed media original on canvas), kasseus.com

"The sculptural quality of the bulbous Orior Néad sofa offers sophisticated comfort, recalling the playful shapes, textures and hues of midcentury style. Paired with the cool, organic stone Fearn planter, I imagine these pieces surrounded by a lush garden of ferns."

oriorfurniture.com







Sinset Beach

SHELTER ISLAND



SURREAL ESTATE JET-SET TO UMBRIA, ITALY, TO REVEL IN THE RELAXATION OF THE BEAUTIFUL TENUTA DI MURLO. *BY ALLISON MITCHELL* As summer travelers descend upon Italy's coastline and its most famous cities—from Rome to Venice to Milan—the countryside of one of Europe's most treasured countries beckons. Enter Umbria, a region of central Italy that borders Tuscany and dazzles with medieval towns, lush forests filled with coveted truffles, and exquisite cuisine highlighted by wine and chocolate. Touch down at Amerigo Vespucci Airport in Florence and find heaven less than two hours away at Tenuta di Murlo (murlo.com), an 18,000-acre private country estate where rolling hills give way to restored villas that date back to the 11th century. Turn the page to discover the magic of Umbria and this family-owned paradise. CONTINUED...











Visit Us!

When you're here, you're family

Family and Cosmetic Dentist with a gentle Touch



Follow Us!







































MODERN**LUXURY**MEDIA

MODERNLUXURYMEDIA.COM











































PHOTOS COURTESY OF BRAND



...CONTINUED

THE HISTORY

Tenuta di Murlo, also known as The Murlo Estate, is the passion project of Alessio and Carlotta Carabba Tettamanti. Since the 16th century, Alessio's family has owned the verdant property, where 80 structures—from farmhouses to churches to mills—have been thoughtfully restored for the better part of the last two decades. Today, the couple invites guests to choose from nine luxury villas or three new deluxe rooms for their stay.

THE ACCOMMODATIONS

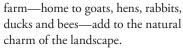
Villas range in size from the romantic Villa Molinella, suitable for just two guests, to the sprawling Castiglione



adjoining frescoed church that dates back to the 11th century and houses up to 20. Villa Molinella is the newest of the property's offerings, a restored 13th century mill tucked along a rolling river that offers a beautiful outdoor pool, hot tub and saunaplus an underground jacuzzi hidden below the living room. Carlotta has thoughtfully outfitted each villa with furnishings and decor sourced from her travels throughout Europe, and guests can enjoy chef-led dining experiences within the privacy of their accommodations. Olive groves, blooming gardens, a vineyard and a

Ugolino, a breathtaking castle and

Clockwise from top: Guests can enjoy chefled dining experiences at their private villa; Villa Penna offers some of the property's best views; take a dip at San Savino, which dates back to the 14th century; owner Carlotta Carabba Tettamanti has lovingly curated each villa's furnishings.



explore spotlight

THE ACTIVITIES

While visitors can easily wile away the days by their private poolsmost are infinity-edge with sky-high views of the meandering valleys below—the estate also invites guests to immerse themselves in the local culture. Trained dogs and their esteemed guides lead guests through the densely populated forests to forage black and white truffles, or you can try your hand at making pasta from scratch, followed by a leisurely lunch at the on-site Il Caldaro restaurant to indulge in your creation. Perugia and Assisi are also just a short car ride away, where the Basilica of Saint Francis of Assisi, the medieval Priori Palace and charming shops and restaurants—brimming with Perugian chocolate and Italy's famous pizzas and wines—ensure an off-site adventure to remember.

THE TAKEAWAY

Whether reconnecting with family or your significant other, Tenuta di Murlo provides a countryside Italian escape unlike any other. Shrouded in privacy and rich with history, the estate's luxurious villas are only matched by the service and passion of its thoughtful owners. Your idyllic getaway awaits.







Desert Dreams

SOUTHERN UTAH IS FILLED WITH STUNNING RED ROCK CANYONS, ARCHES AND HOODOOS—BUT IT ALSO HAS A DECADENT SIDE.

BY HELEN OLSSON

he Crux is a rite of passage carved in stone. After 6 miles of walking through towering red rock walls, scrambling down 12-foot ledges and wading through waisthigh water, I face an 8-foot waterfall cascading into a deep pool. I gingerly lower myself into the rushing water and take the plunge. The waterfall is an exhilarating finish to a slot canyon adventure through Sulphur Creek in Utah's Capitol Reef National Park (nps.gov/care), led by a guide from Sleeping Rainbow Adventures (sradventures.com).

The hike is just one highlight of a recent trip to Utah's Capitol Reef and Bryce Canyon national parks. Along the way, we discover culinary genius and decadent spa treatments in rural outposts. We cap the day with a tasting at Etta Place Cidery (ettaplacecider.com) in Torrey, Utah, a gateway town to Capitol Reef. In a back room hidden behind an 8-foot-high "Zion Wall," owner Ann Torrence offers precise 1-ounce pours of the award-winning cider. We stay down the road at Skyview Hotel (skyviewtorrey.com), the brainchild of Joshua Rowley and Nicholas Derrick. It has 14 modern hotel rooms with Derrick's artwork on the walls and six geodesic domes nearby for glamping. The hotel's facade is defined by a curtain of rose-colored

ropes undulating in the breeze, at once creating a shady walkway and an interactive art installation.

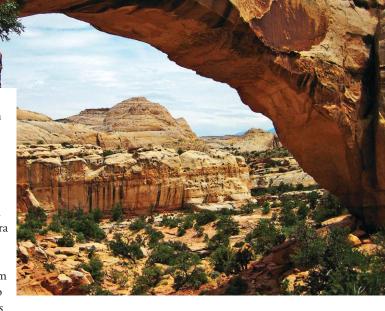
Both Capitol Reef and Bryce Canyon are International Dark Sky Parks, and in 2018, Torrey was designated as Utah's first International Dark Sky community. On clear, moonless nights, the sky turns into a starstudded canvas. The hotel's rooftop terrace is the perfect venue for stargazing. Better yet, bunk down in one of the geodesic domes with clear ceilings to watch the night sky sparkle.

After the high-octane adventure of the day, a visit to Torrey's Red Sands Hotel & Spa (redsandshotel.com) is a welcome pause. The spa offers massages, facials and three ways to soak: a private hot tub, a copper tub with essential oils, or a salt float. I choose to float in warm water and 1,000 pounds of Epsom salts. It takes a while to relax, but when I do, it's the most extraordinary feeling of weightlessness. Every muscle relaxes. Floating blissfully, I fall fast asleep.



Bryce Canyon National Park is up next, two hours south of Torrey. En route, we stop for lunch at Hell's Backbone Grill (hellsbackbonegrill.com) in Boulder, Utah (population: 252). Chef-owners Jen Castle and Blake Spalding, along with their new executive chef, Tamara Stanger, draw on ingredients harvested from their 6-acre organic farm and orchards, from apricots and cherries to rhubarb and fresh herbs. Spalding shows us the asparagus spears growing in the garden; later, we will have the most delightful asparagus soup in mismatched teacups, garnished with a freshly picked honey locust blossom.

Next, we head for glamping outpost Under Canvas Bryce Canyon (undercanvas.com), where a collection of safari-style canvas tents are spread across 750 acres of juniper forest. When I zip open the tent flap, I'm delighted to find a king-size bed stacked with fluffy pillows, cowhide rugs, a private shower and wood-fired stove. Roughing it means getting up at midnight to stoke the stove. At night, we gather around the



Clockwise from top left: The glamping domes at Skyview; Hickman Bridge in Capitol Reef National Park; the night sky sparkles over Kodachrome Basin; Under Canvas has a new glamping outpost near Bryce Canyon; a private hot tub with a view at Red Sands Hotel in Torrey, Utah.



fire pit for s'mores and red wine.

Bryce Canyon National Park is a 15-minute drive from Under Canvas. At 35,835 acres, the park is small compared with other national parks, but it packs in incredible views, including the world's largest concentration of hoodoos in Bryce Amphitheater. In 1923, President Warren G. Harding established Bryce as a national monument, so our trip coincides with the park's centennial. After a day of e-biking through the park, we return in the evening to watch a concert staged on the canyon's lip. Cello music fills the air, but the sun setting in hues of pink and purple over the red rocks is the real showstopper.



Go Green

ON A LUSH, WOODED ESTATE IN THE WEST OF IRELAND, HISTORIC DROMOLAND CASTLE BECKONS A-LIST TRAVELERS FOR THE ULTIMATE CELTIC GETAWAY.

BY J.P. ANDERSON

THE SETTING

Just 15 minutes after being picked up by our driver and pulling away from Shannon Airport, we find ourselves passing through the gates of the grandest of Irish estates, easing down a meandering road past immaculately manicured landscaping, a glassy lake, hushed Each unique Viscount stateroom features plush furnishings, discrete seating and dining areas, and striking views of the estate.

golf greens and centuries-old yew trees. Finally, we see it: the majestic gray limestone of Dromoland Castle (dromoland.ie), which has been standing in this spot since the 16th century and is now one of Ireland's most distinguished luxury properties.

THE CASTLE

The great structure's history greets guests at every turn, from the suits of armor flanking the reception area to the sumptuous art, antiques, hunting trophies and wallcoverings that fill its labyrinthine halls. But make no mistake: Modernity is top of









Clockwise from top: The Gallery beckons for coffee or a casual meal; afternoon tea is a must; the Brian Boru suite, named after Ireland's only high king; sophisticated elixirs at The Cocktall Bar.

with clementine compote. And be sure to stop by for a postprandial tipple at The Cocktail Bar, where the drinks are world-class and the surroundings—an intimate, octagonal former library decked in riotous red—are deliciously over the top.

THE ADVENTURES

From fishing and archery to falconry, clay shooting and a championship 18-hole golf course, we could easily fill an action-

packed week without leaving the 450-acre estate. Venture off the grounds, though, and we discover that some of the greatest treasures of Ireland's Wild Atlantic Way are less than an hour's drive from Dromoland's gates. We marvel at the jaw-dropping Cliffs of Moher, which tower ruggedly over the County Clare coast. We take a guided hike of the rocky, otherworldly Burren, whose incredibly diverse flora and geology fill us with wonder. We visit the

scenic village of Doolin, famed for its traditional sessions of Irish music. Next time, we'll be sure to hop the ferry to the Aran Islands and explore their ancient ruins and majestic natural surroundings.

THE TAKEAWAY

Its regal setting and abundance of activities and adventures close at hand make Dromoland Castle an ideal base for exploring the West of Ireland, whether for a quick weekend jaunt or an extended stay. And while it's one of Ireland's most historic luxury properties, Dromoland is still upping its game with new offerings like Dromoland Lodge, a recently unveiled fivebedroom private residence on the golf course, plus a soon-to-launch



"Ancient though Dromoland Castle is, sharing it with new people and helping them discover its richness never gets old."

-MARK NOLAN, GENERAL MANAGER

and OSKIA and offers quartz crystal bed treatments, while rooms blend classic furnishings with modern conveniences.

Meanwhile, the impressive dining program shines at The Earl of Thomond, where a tasting menu delivers the most delectable of regional delights: small oysters plucked from nearby Galway Bay and served with a bracing lime and coriander; perfectly roasted halibut; local farmhouse cheeses; and desserts like citrus souffle

mind at Dromoland. The poshly

brands like Dr. Barbara Sturm

outfitted spa boasts of-the-moment



privately connected two-bedroom suite of The Lady Mary O'Brien Room, which merges into the grand Phaerig Stateroom, perfect for families and extended stays. It all combines to make the property a uniquely appealing destination. At its root, says general manager Mark Nolan, what truly sets Dromoland apart—and what we experienced in every interaction during our stay—is the sense of welcome and hospitality offered by the hotel team. "Ancient though Dromoland Castle is," says Nolan, "sharing it with new people and helping them discover its richness, for the first or 21st time, never gets old. We pride ourselves on making every guest feel like a cherished member of the Dromoland Castle family."

ALL PHOTOS COURTESY OF DROMOLAND CASTLE

Out With the Old

FOLLOWING A MULTIYEAR RENOVATION, OMNI LA COSTA **RESORT & SPA IN CARLSBAD** BEGINS A STUNNING NEW CHAPTER IN ITS ILLUSTRIOUS HISTORY.

BY ALLISON MITCHELL



Omni La Costa Resort & Spa (omnilacosta.com) in Carlsbad has long been a sanctuary for A-list travelers, wellness enthusiasts and golf devotees alike. Established in 1965, its allure has attracted Hollywood's luminariesthink Jackie Kennedy, Richard Nixon and Frank Sinatra cementing its reputation as a haven of luxury and leisure. Over the years, it has evolved, embracing its Spanish-style architecture while consistently redefining what it means to experience the California

lifestyle. Now, the 400acre property has unveiled a comprehensive renovation.

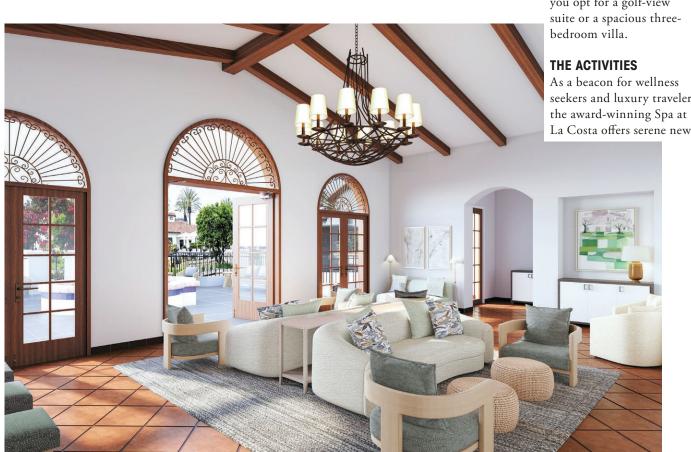
THE ACCOMMODATIONS

Over 500 guest rooms, including villas, suites, and hospitality rooms, have undergone a transformation.

textures and neutral tones characterize the new look, paying homage to the resort's heritage. Each room exudes a blend of classic elegance and contemporary comfort, ensuring a rejuvenating stay, whether you opt for a golf-view suite or a spacious three-

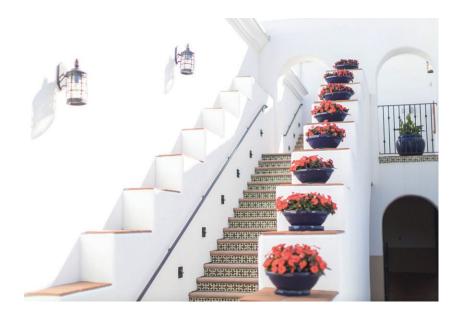
As a beacon for wellness seekers and luxury travelers, the award-winning Spa at







spaces to unwind, featuring indulgent amenities like salt rooms and refurbished steam rooms. Don't miss the spa-exclusive pool set among blooming flowers, where you can enjoy an alfresco lunch at the Spa Cafe. Meanwhile, the championship golf facilities usher in a new era with a dramatic refresh by renowned designer Gil Hanse. Opening June 1, the North Course—formerly the Champions Course will invite golf lovers to enjoy six sets of tees with the option to play up to 7,500 yards. The Legends Course will return to its original name as the South





From top: Beautiful mosaic tile accents and brightly colored blooms add to the charm of the property; a beach-chic junior suite; a look inside the new Presidential Suite. Opposite page, from top: Ormni La Costa's verdant fairways have been played by some of the world's top golfers and are open to guests and locals alike; the refreshed Spa at La Costa.



Course, where 18 holes wind through mature trees and water features, a fairway played by Phil Mickelson and Tiger Woods, among others. When hunger strikes, head to the outdoor VUE restaurant or sink your teeth into top-notch meat selections at Bob's Steak & Chop House.

THE TAKEAWAY

The unveiling of Omni La Costa Resort & Spa's sweeping renovations heralds a new chapter in its storied history. Balancing timeless allure with contemporary sophistication, the resort continues to redefine luxury, setting new standards for excellence.

LUXURY EVERY DAY

Featuring fashion icons, food and wine, travel hotspots, classic cars, amazing homes, exciting art, and much more.

LUXURY ON DEMAND

MLUX













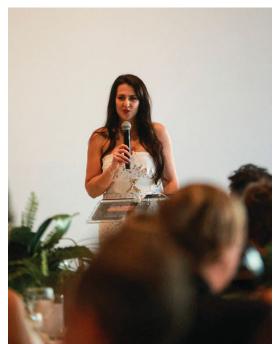




Vinny Lingham and Charlene Lingham



Alen Ribic and Aisha Pandor



Charlene Lingham



Karen Granados and Kristina Cefalu

ADOUT TOWN

The Eternal Harvest hosted by The Lingham Foundation

Museum of Contemporary Art San Diego (700 Prospect St) May 2, 2024

The Lingham Foundation launched with an exclusive event on May 2nd. Founded by San Diego philanthropists Charlene and Vinny Lingham, the foundation aims to support SA Harvest to end hunger in South Africa. The evening featured a multi-course dinner curated by Urban Kitchen Group, showcasing dishes like Cape Malay chicken curry and salmon tartlets. Tables were elegantly designed by To Be Designed, and the event was produced by Chrome City Creative Studio. An auction included items from Addison, GRW Wine, and Bommarito Art. The evening celebrated food and fostered discussions, accompanied by music from Sharon Katz and The Peace Train.

Photography by Isaac Lopez



Lamb Chop Lollipops



Sal Khader, Chantal Sanchez, Romina Spinelli

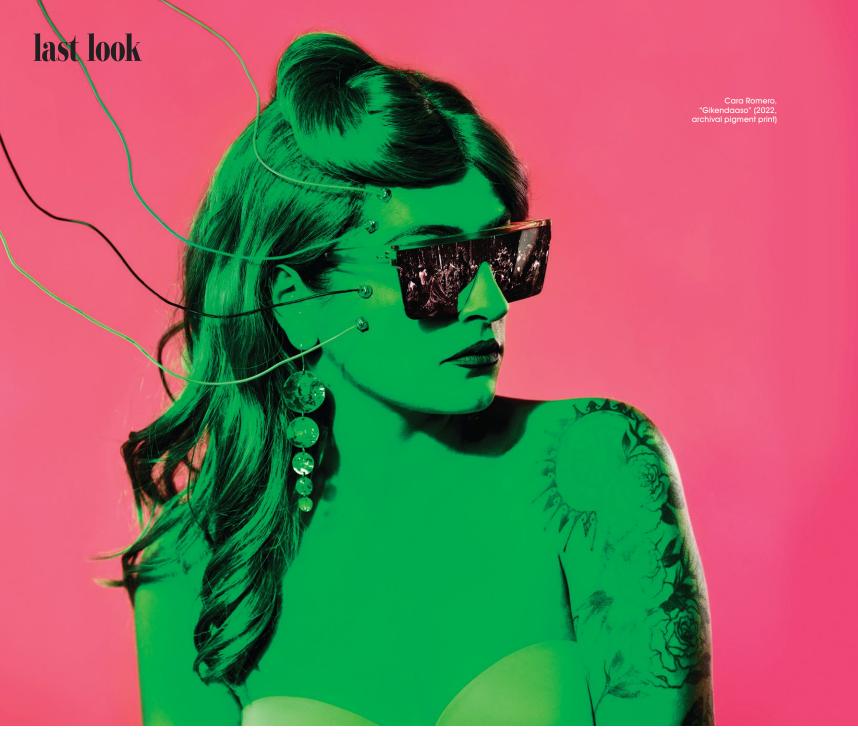


Keith Black, Ginger Rabe, Joe Papandrea, Ken St. Pierre



Clare Swithenbank





Immerse yourself in the colorful world of artist Cara Romero, an enrolled citizen of the Chemehuevi Indian Tribe, whose vibrant photographs are now on display at The Museum of Photographic Arts at The San Diego Museum of Art (MOPA@SDMA, mopa.org). Open through Oct. 20, The Artist Speaks: Cara Romero is the visual result of the creative's dual upbringing in the Mojave Desert in California and Houston, Texas. Bold colors add modernity to the Indigenous influences of Romero's photographs, presented in three distinct sections—Native

Picture This

IN ONE OF HER FIRST SOLO MUSEUM EXHIBITS, ARTIST CARA ROMERO PAINTS THE TOWN AT THE MUSEUM OF PHOTOGRAPHIC ARTS AT THE SAN DIEGO MUSEUM OF ART.

BY ALLISON MITCHELL

California, Imagining Indigenous Futures and Native Women. Art lovers can also explore the tandem openings of Picture This: Recent Acquisitions and Storyteller: Work by Holly Roberts (through Sept. 1). "We're excited to welcome these three unique photography exhibitions to MOPA@SDMA," says Anita Feldman, deputy director for curatorial affairs. "These impressive exhibitions, initiated by Deborah Klochko, former director of the Museum of Photographic Arts, offer something for everyone."

Lights, camera,

MODERN LUXURY

MEET THE NEW HEADLINER IN TOWN

& MUSIC CITY'S ULTIMATE

GUIDE TO LUXURY

Reaching an audience of more than 18 million with 65+ brands across 24 markets, Modern Luxury Media is the nation's largest luxury media company. Through the power of our multi-platform ecosystem, we connect leading luxury brands with their audiences in the places and ways that matter the most.

To sign up for your ultimate guide to luxury living in Nashville, please scan the QR code below.



DIOR